***EZRA BAKER SEPTEMBER MENU***

 MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

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|  |  | **6****CHICKEN NUGGETS****OR****GRILLED CHEESE SANDWICH****Served w/ Mashed Potatoes****Corn, Fruit** | **7****HOT DOGS****OR****CHEESEBURGERS****Served w/ Oven Fries** **Carrots, Fruit** | **8****CHEESE PIZZA****FLUFF SANDWICH****Served w/ Baked Chips****Bean Salad, Fruit, DESSERT DAY** |
| **11****CHICKEN TENDERS****OR****GRILLED CHEESE SANDWICH****Served w/ Mashed Potatoes****Corn, Fruit** | **12****BEEF TACOS****OR****CHICKEN PATTY****Served w/ Rice****Broccoli, Fruit** | **13****PASTA W/ MEATBALLS****OR****PLAIN PASTA W/ BUTTER****Served w/ Garlic Bread****Caesar Salad, Fruit** | **14****ROASTED CHICKEN** **OR****CHEESEBURGER****Served w/ Oven Fries** **Carrots, Fruit** | **15****CHEESE PIZZA****FLUFF SANDWICH****Served w/ Baked Chips****Bean Salad, Fruit, DESSERT DAY** |
| **18****CHICKEN NUGGETS****OR****GRILLED CHEESE SANDWICH****Served w/ Mashed Potatoes****Corn, Fruit** | **19****QUESADILLA****OR****CHICKEN PATTY****Served w/ Rice****Broccoli, Fruit** | **20****LASAGNA****OR****PLAIN PASTA W/ BUTTER****Served w/ Garlic Bread****Caesar Salad, Fruit** | **21****HOT DOGS****OR****MOZZARELLA STICKS****Served w/ Oven Fries** **Carrots, Fruit** | **22****CHEESE PIZZA****FLUFF SANDWICH****Served w/ Baked Chips****Bean Salad, Fruit, DESSERT DAY** |
| **25****CHICKEN TENDERS****OR****BACON EGG CHEESE CROISSANT****Served w/ Mashed Potatoes****Corn, Fruit** | **26****BEEF TACOS****OR****CHICKEN PATTY****Served w/ Rice****Broccoli, Fruit** | **27****PASTA W/ MEATBALLS****OR****PLAIN PASTA W/ BUTTER****Served w/ Garlic Bread****Caesar Salad, Fruit** | **28****HOT DOGS****OR****CHEESEBURGERS****Served w/ Oven Fries** **Carrots, Fruit** | **29****CHEESE PIZZA****FLUFF SANDWICH****Served w/ Baked Chips****Bean Salad, Fruit, DESSERT DAY** |
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| **ALL STUDENTS WILL RECEIVE *FREE*****BREAKFAST & LUNCH** | **EHBI *SALAD BAR******FULLY STOCKED W/ A VARIETY OF FRESH VEGETABLES, FRUITS AND PROTEINS******AVAILABLE AS A LUNCH OPTION TO ALL STUDENTS*** |
| \*This menu is subject to change**THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER** | ***SERVED DAILY*****SUNBUTTER & JELLY SANDWICH, ASSORTED SANDWICHES, ASSORTED SALADS,** **FRUIT AND GRANOLA YOGURT PARFAITS****FRESH FRUITS & VEGETABLES** **1% AND SKIM MILKS** |