***EZRA BAKER SEPTEMBER MENU***

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

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|  |  | **6**  **CHICKEN NUGGETS**  **OR**  **GRILLED CHEESE SANDWICH**  **Served w/ Mashed Potatoes**  **Corn, Fruit** | | **7**  **HOT DOGS**  **OR**  **CHEESEBURGERS**  **Served w/ Oven Fries**  **Carrots, Fruit** | **8**  **CHEESE PIZZA**  **FLUFF SANDWICH**  **Served w/ Baked Chips**  **Bean Salad, Fruit, DESSERT DAY** |
| **11**  **CHICKEN TENDERS**  **OR**  **GRILLED CHEESE SANDWICH**  **Served w/ Mashed Potatoes**  **Corn, Fruit** | **12**  **BEEF TACOS**  **OR**  **CHICKEN PATTY**  **Served w/ Rice**  **Broccoli, Fruit** | **13**  **PASTA W/ MEATBALLS**  **OR**  **PLAIN PASTA W/ BUTTER**  **Served w/ Garlic Bread**  **Caesar Salad, Fruit** | | **14**  **ROASTED CHICKEN**  **OR**  **CHEESEBURGER**  **Served w/ Oven Fries**  **Carrots, Fruit** | **15**  **CHEESE PIZZA**  **FLUFF SANDWICH**  **Served w/ Baked Chips**  **Bean Salad, Fruit, DESSERT DAY** |
| **18**  **CHICKEN NUGGETS**  **OR**  **GRILLED CHEESE SANDWICH**  **Served w/ Mashed Potatoes**  **Corn, Fruit** | **19**  **QUESADILLA**  **OR**  **CHICKEN PATTY**  **Served w/ Rice**  **Broccoli, Fruit** | **20**  **LASAGNA**  **OR**  **PLAIN PASTA W/ BUTTER**  **Served w/ Garlic Bread**  **Caesar Salad, Fruit** | | **21**  **HOT DOGS**  **OR**  **MOZZARELLA STICKS**  **Served w/ Oven Fries**  **Carrots, Fruit** | **22**  **CHEESE PIZZA**  **FLUFF SANDWICH**  **Served w/ Baked Chips**  **Bean Salad, Fruit, DESSERT DAY** |
| **25**  **CHICKEN TENDERS**  **OR**  **BACON EGG CHEESE CROISSANT**  **Served w/ Mashed Potatoes**  **Corn, Fruit** | **26**  **BEEF TACOS**  **OR**  **CHICKEN PATTY**  **Served w/ Rice**  **Broccoli, Fruit** | **27**  **PASTA W/ MEATBALLS**  **OR**  **PLAIN PASTA W/ BUTTER**  **Served w/ Garlic Bread**  **Caesar Salad, Fruit** | | **28**  **HOT DOGS**  **OR**  **CHEESEBURGERS**  **Served w/ Oven Fries**  **Carrots, Fruit** | **29**  **CHEESE PIZZA**  **FLUFF SANDWICH**  **Served w/ Baked Chips**  **Bean Salad, Fruit, DESSERT DAY** |
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| **ALL STUDENTS WILL RECEIVE *FREE***  **BREAKFAST & LUNCH** | | | **EHBI *SALAD BAR***  ***FULLY STOCKED W/ A VARIETY OF FRESH VEGETABLES, FRUITS AND PROTEINS***  ***AVAILABLE AS A LUNCH OPTION TO ALL STUDENTS*** | | |
| \*This menu is subject to change  **THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER** | | | ***SERVED DAILY***  **SUNBUTTER & JELLY SANDWICH, ASSORTED SANDWICHES, ASSORTED SALADS,**  **FRUIT AND GRANOLA YOGURT PARFAITS**  **FRESH FRUITS & VEGETABLES**  **1% AND SKIM MILKS** | | |