

### DYRSD SCHOOL COMMITTEE MEETING **AGENDA**

Thursday, September 24, 2020

**Mattacheese Middle School** 400 Higgins Crowell Road West Yarmouth, Massachusetts 02673 6:30 p.m.

Please note that this is an in-person participation only meeting.

Meeting called to order at, due notice having been posted.
Members Present: Ms. Jeni Landers, Chairperson Mr. Joseph Tierney, Vice Chairperson Mr. James Dykeman, Secretary Mr. Brian Carey, Treasurer Mr. Joe Glynn Mr. Phillip Morris Mr. Brian Sullivan
Administration Mrs. Carol Woodbury, Superintendent of Schools Mr. Kenneth Jenks, Assistant Superintendent for Administrative and Business Services  Open the Meeting (6:30)  Reports A. Superintendent Report – Carol Woodbury

### II.

I.

- Liz Argo, Cape & Island Vineyard Cooperative BESS Grant Project at the Dennis Yarmouth High School Emergency Shelter
- B. Assistant Superintendent Report Kenneth Jenks
- C. Building Committee Report Joseph Tierney
- D. School Committee Liaisons to the Boards of Selectmen

### **School Committee Business** III.

- A. Joint Guidance on Modified Sports Seasons for School Year 2020-21
- B. MIAA Guidelines re Gaiter-style Face Coverings
- C. Consent Agenda
- IV. Calendars
- V. **Bills and Requisitions**
- **Information Items** VI.

### Letter of Commendation from Friends of Bass River

VII. Public Comment (7:15)

VIII. Adjourn (8:00)

\*The items listed to be discussed are those reasonably anticipated by the Chair. Not all items listed may in fact be discussed and other items not listed may also be brought up for discussion to the extent permitted by law.

\*\*Please note: The timeframes listed above are intended to guide the School Committee in their work. It should be understood that the times are approximate, and therefore may occur earlier than noted; and may be taken out of order at the request of the Chair and a vote of the School Committee.

Should there be a need for clarification on any of the aforementioned, please contact me prior to the meeting to allow sufficient time for further research if necessitated. Thank you. Carol A. Woodbury, Superintendent

### **Consent Agenda**

The Superintendent recommends the School Committee approve the following items as presented:

### **Donations**

Move to accept a donation of handmade cotton face coverings from Ms. Pat Taylor of Yarmouth Port. Move to accept a donation of handmade cotton face coverings from the Dennis-Harwich Lions Club. Move to accept a donation of 50 child-sized reusable face masks to the Early Childhood Program from Carol Conroy and the team at CVS #1869 located at 1080 Falmouth Road in Hyannis.

### Minutes

September 3, 2020 September 10, 2020 in their normal season will be moved or considered for later in the year during the floating season.

The health and safety of our school communities must remain the top priority, and we recognize that any plans for athletic opportunities must adapt to evolving public health metrics.

### 2020-21 Modified Sports Seasons

All sports must adhere to the minimum modifications outlined in the EEA guidance to achieve Level 3 play (inter-team competition). If those modifications cannot be met, the sport may consider moving to a later season or adopting a "practice only" model using the EEA cohort method and in alignment with other EEA guidelines. Guidance from EEA will be re-issued prior to the start of each season, based on public health data, testing availability, and any new information, and MIAA will make final decisions for each season following that updated guidance.

Season	Dates	Sports
Fall	Starting Sept. 18	Golf, XC running, field hockey, soccer, gymnastics, girls volleyball, fall swimming/diving, football practice,* cheer practice,* unified basketball practice*  *Practice only using EEA cohort modifications: Football, cheer, unified basketball
Winter	TBA by MIAA	Winter gymnastics, boys and girls indoor track, ski, dance, winter swimming/diving, cheer, hockey, basketball, wrestling
Floating season	TBA by MIAA	Sports unable to play in earlier seasons may engage in Level 3 play (competitions) if permitted by updated EEA guidelines.  Schools that offered only remote learning in early fall may use this season for play that was missed during their remote schedule.
Spring	TBA by MIAA	Girls golf, baseball, softball, tennis, boys volleyball, girls and boys lacrosse, track and field, rugby

At this time, the sports listed above have been conditionally approved for the fall season, provided they are able to meet the minimum modifications outlined in the EEA guidance. For the fall season football, cheer, and unified basketball will be practice only, using the cohort method described in the EEA guidance. Schools/districts choosing to engage in practice for these sports must complete the Sport Attestation Compliance form and keep it on file.

Higher risk sports in later seasons (including hockey, basketball, wrestling, boys lacrosse, and rugby) will continue to be evaluated in light of health metrics and the EEA guidance and final decisions will be made closer to the start of each season. Those that are ultimately not approved by MIAA to be played in a season will be moved or considered for later in the year during the floating season, as reflected above. All sports, regardless of risk level, must follow the EEA guidelines, and moderate and higher risk sports must adopt the required minimum modifications for achieving different levels of play. To be able to engage in competitive play, modifications should include eliminating deliberate contact, modifying or eliminating intermittent contact, and increasing distancing. If these modifications are not possible, the sport may achieve a modified Level 2 play (competitive practice) using the cohort method outlined in the EEA guidance.

Again, schools/districts choosing to engage in practice for these sports must complete the Sport Attestation Compliance form and keep it on file. The EEA guidance also outlines best practices for all sports, including the use of protective equipment and masks. The sport specific modifications and plan for implementation will be developed by MIAA in consultation with their medical advisors.

Based on the schedule above, school districts should work with MIAA to develop their schedules for the year and be ready to modify those schedules as needed. More detailed information on the guidelines for practices and the start of competitions will be outlined in the guidance that MIAA will release.

### Sports participation for remote learners

Districts designated as "red" based on the <u>Department of Public Health (DPH)'s metric</u> of average daily cases per 100,000 residents and which therefore have their high school students learning remotely at the start of a season, *must postpone their entire season, including practices*, until the floating season later in the year.

Districts designated as yellow, green, or unshaded based on the DPH metric that nonetheless have their high school students learning remotely at the start of a season *may similarly delay* their season to the floating season. If a yellow, green, or unshaded district that is only offering remote learning to its high school students wishes to participate in the regularly scheduled sports season, this must be approved by the local school committee.

The MIAA will develop a timeline for looking at data prior to the start of each season to determine which color-coded designation a district should fall into for the purposes of engaging in sports. For example, the MIAA could determine a school's color-coded designation/eligibility on September 1 to determine initial eligibility and check again on October 1 to determine if the school remains eligible to participate in the fall season.



# News from Commissioner Jeffrey C. Riley & the MA Department of Elementary and Secondary Education

### On the Desktop - August 18, 2020

### Joint Guidance on Modified Sports Seasons for School Year 2020-21

Dear Superintendents, Charter School Leaders, Assistant Superintendents, Collaborative Leaders, and Leaders of Approved Special Education Schools,

Sports can be an important part of a well-rounded educational experience, even during the current public health crisis. Working in close consultation with a variety of stakeholders and our medical advisors, and based on the <u>Youth and Adult Amateur Sports Guidance</u> recently provided by the Executive Office of Energy and Environmental Affairs, the Massachusetts Interscholastic Athletic Association (MIAA) and DESE have collaborated to provide the attached modified sports guidance for school year 2020-21.

Sincerely,

Jeffrey C. Riley Commissioner



# Rules Modifications & Guidelines

# **Cross Country**

Fall 2020

### **General Information**

Every school district/program should consult with their local health department to determine which risk level to start this program safely. Continued consultation with local health department should be used to determine when progression to the next risk level can be initiated.

This document is to be utilized in compliance with all EEA, DESE and DPH guidelines in place.

### Pre-Workout/Pre-Contest Screening:

Athletes and coaches may not attend practices or games if they are isolated for illness or quarantined for exposure to infection.

Prior to attending practices or games, athletes and coaches should check their temperature. If a student-athlete or a coaching staff member has a temperature of 100 degrees or above, they should not attend practices or games. Likewise if they have any other symptoms of COVID-19 infection (<a href="https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html">https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html</a>), they should not attend practices or games. Student-athletes and coaches who have symptoms of COVID19 infection should follow DPH guidance regarding isolation and testing.

For students with symptoms who test negative for COVID-19 infection, they may return to sport once they are approved to return to school (when afebrile for 24 hours and symptomatically improved).

Student athletes and coaches who are diagnosed with COVID-19 infection may return to school once they have been afebrile for 24 hours and with improvement in respiratory symptoms, and once ten days have passed since symptoms first appeared, according to DPH guidelines. In addition, persons with COVID19 infection need to receive written clearance from their health care provider in order to return to sport.

Student-athletes and coaches who were exposed to COVID should not participate in practices or games until their 14-day quarantine is completed.

Vulnerable individuals can resume public interactions, but should practice social distancing, minimizing exposure to social settings where distancing may not be practical, unless precautionary measures are observed.

### Cohorts and/or Participants:

A record should be kept of all individuals present at team activities i.e. – practices, practice cohorts, competitions, etc.

### Social distancing:

 Practice – Coaches are responsible for ensuring social distancing is maintained between runners as much as possible. This includes additional spacing between athletes while stretching, warming up, chatting, changing drills, etc. Athletes must maintain spacing, and there should be no congregating of athletes while running drills. Workouts should be conducted in 'pods' of athletes, with the same 5-10 athletes always working out together. This ensures more limited exposure if someone develops an infection. Records should be kept of who is in each group, each day.

 Locker Rooms – Locker rooms and changing areas may be used but should be limited to 50% capacity. Facility Operators should ensure that users can abide by capacity restrictions and social distancing standards and establish signage and visual guidelines. Signage should remind users to limit time spent in enclosed area. If locker rooms are utilized, staggered use based on time and distance is recommended.

When possible, students should report to workouts in proper gear and immediately return home to shower, clean clothing, and equipment at the end of every workout.

- Practice Site/Course Only essential personnel are permitted on the practice site/course area. These are defined as athletes, coaches, medical personnel/athletic trainers, and officials (competition). All others (i.e. managers, photographers, media, etc.) are considered non-essential personnel and are not to be at the course.
- Personal Items It is recommended that each athlete bring their own gym bag for personal items (see gym bag information below). All personal items should remain in the gym back when not in use. Gym bags should be placed in a predetermined area 6 feet apart for the duration of practice.
- Huddles Social distancing (6 feet between individuals) must be maintained, as much
  as possible, and face coverings utilized when the coach is communicating with the
  entire team, or in smaller groups. Communicating with smaller groups is preferred.
- Team Handshakes Athletes shall NOT exchange handshakes before, during or following practices and competitions. Some MIAA sport specific modifications suggest sportsmanship recognition practices which replace handshakes.
- Spectators Spectators must practice social distancing between different household units and accept personal responsibility for public health guidelines. The number of spectators is determined in compliance with EEA, DESE and DPH guidelines.
- Media All social distancing and hygiene guidelines for spectators must be followed by media members planning to attend games. Media members should contact host school administrators prior to arriving at games to plan appropriate entry and available workspace

### **Practice and Game Protocols:**

 Masks/Face Coverings – (See Cross Country Specific Modifications for additional clarity) Athletes are required to wear cloth face coverings/masks per EEA guidelines.
 Gaiters are acceptable. Face coverings comprised of multiple layers and a tighter weave are more effective and preferred.

Athletes should reference sport specific guidelines for mask breaks.

Caution should be exercised when replacing a mask if hands are soiled or dirty. For individuals that are unable to wear a face covering due to a medical condition or disability. (Coach must possess the medical note/documentation excusing the player from wearing a mask)

It is the responsibility of the head coach to monitor and ensure that all runners not on the course are wearing face coverings. A game administrator, home athletic director, or other designee may also assist in monitoring this.

Coaches and officials are also required to wear face coverings. Coaches and officials may remove their face covering briefly for a "break" at any point during practice/competition when they are socially distanced greater than 6 feet. Spectators, workers, and others are required to wear face coverings and they are expected to follow social distancing guidelines.

- Player habits Coaches should work to break old habits and create new ones to
  minimize the spread of the virus. Spitting and nose clearing on the course during
  practices and competitions is not permitted. The habit of minimizing any touching of the
  face and covering the cough should be practiced.
- Interaction with Officials Coaches must follow social distancing guidelines (6 feet) when interacting with an official or any other individual. Conversations can occur at a distance. Athletes should not approach an official closer than 6 feet at any time.
- Hand sanitizer and/or sanitizing wipes Athletes, coaches, and officials are
  encouraged to provide their own hand sanitizer (at least 60% alcohol) and/or sanitizing
  wipes and use them frequently including prior to and at the conclusion of running
  Additionally, it is emphasized to avoid touching the face throughout practice and
  competition.
- Pre-Game Introductions and Preparation If pre-game meetings are necessary, they
  should be held with limited team representation a single coach, single captain, etc.
  At the pregame meeting, all participants will be required to wear face coverings and to
  socially distance from all participants

If a school chooses to do introductions, runners will take their positions prior to being introduced. Introductions are suggested to be limited or eliminated to decrease time of athletes standing around. The National Anthem may be played before competition.

 Post-Game Procedures – Refer to Team Handshakes in this guidance. Recognition of the other team, coaches and/or officials should be done from a distance greater than 6 feet and should not delay departure from the competition venue. Teams and group of runners should maintain social distancing and/or staggering departure times at the conclusion of the contest.

### **Equipment:**

- General Equipment There should be no shared athletic equipment. Any equipment
  that is used for practice should be cleaned and disinfected prior to and immediately
  following practice. Only one individual should handle the set-up and break-down of
  equipment on any given day (i.e. goals, cones, etc.).
- Personal Items Shoes, clothing, towels, and other personal items must not be shared among athletes. Any items that are not currently being worn/used should be stored inside a personal gym bag. Gym bags should be placed in a predetermined area 6 feet apart for the duration of practice/competition.

### Hydration:

All students must bring their own water bottle. Water bottles cannot be shared.

- Hydration stations (water cows, water trough, water fountains, etc.) should NOT be utilized.
- Water fountains are to be used as refill stations ONLY.

### COVID-19 Coach:

- It is recommended that schools could designate a coach to be responsible for responding to COVID-19 concerns.
- All coaches, staff, officials, and families should know who this person is and how to contact them.
- Train coaches, officials, and staff on all safety protocols. Conduct training virtually and ensure that social distancing is maintained during training. (NFHS COVID-19 FREE Course)

### Gym Bag: (Supplies recommended for your personal gym bag)

- Reusable facial covering(s)/mask(s) The mask/face covering must be worn at all times. Sport specific modification may have further guidance for face coverings.
- Warm-up clothing, electronic devices, and other personal items that are used by the athlete, prior to practice/competition, must be placed back in the gym bag before practice/competition begins.
- Athletes are recommended to always have a personal bottle of hand sanitizer available.
   There will be less chance of possible cross contamination and less time standing around waiting to use a shared hand sanitizer. Be sure to have this inside a sealable bag, in case it leaks. This will be used when you enter and exit the practice/competition site, and at other necessary times in between.
- Athletes are recommended to have disinfectant wipes for personal use. When using a
  restroom area, it is best to disinfect any surface that may be touched, before and after
  using the facilities.
- Athletic braces, tape, inhalers, or any other sports-medical item used before, during or after practice/meets should be stored in a personal gym bag when not in use.
- Additional shoes should also be stored in a separate compartment or bag inside a gym bag to prevent possible cross contamination with other items in the gym bag.
- Any other item that is deemed necessary for practice or competition must be stored in the gym bag when it is not being used

\*\*Everything inside the gym bag must be disinfected after every practice and before return to practice again. Be sure to spray the inside and the outside of the bag as well. This is for everyone's protection.

### **Cross Country Specific Modifications**

When scheduling dual meets, leagues and/or schools should consider the following options where practical and/or possible:

- Contesting separate gender meets at opposite sites.
- Identifying one suitable (i.e. wider spacing) and available course, per league, to contest
  all league dual meets, using multiple days each week to schedule. This would provide a
  universal course for athletes to compete on and could also evolve into virtual scoring of
  a "league" meet.

### Pre-Practice/ Pre-Contest:

 Practice Pods - Workouts should be conducted in pods of students, with the same 5-10 students always working out together.

- Personnel Only essential personnel are permitted on the practice area and competition area each day (i.e. athletes, coaches, medical personnel/athletic trainer, officials and timers). All others (managers, photographers, media, spectators, etc...) are considered non-essential personnel and are not to be in the starting box, finish line or practice area.
- Watches Athletes and coaches should bring their own watch if use is desired and sharing is not permitted.

### **Meet Protocols:**

- Dual Meets Only Competitions should be dual meets (2 teams) only until further guidelines are given.
- Course Previews Course previews should be provided virtually via maps or video before the day of the meet. No on-site course previews should be allowed. Consider increasing the amount of course markings and checkpoints to help guide runners (especially novice runners) through the course.
- Course Selection An emphasis should be placed on a wider course that allows for social distancing and spacing throughout the meet.
- Warm Up Areas Designated warm up areas should be provided for each team to ensure social distancing before the meet.

### Start Line:

- Staggered starts in smaller groups are required; possibly waves of 8-10 athletes\*\*
  - Runners are to be spaced out 6 feet apart individually; \*\* possibly 4-5 from each school
  - Separated by school 14 feet spacing between schools
  - Schools should use previously established cohorts from practice sessions
  - A minimum of three minute spacing should be allotted between each wave, however spacing time will be determined by size of the course to maintain social distancing.
- Runners should maintain social distancing throughout the race and not cluster on the course.
- Consideration should be given to creating waves of junior varsity (and/or freshman) runners to allow safe spacing near the start.
- Athletes should be grouped, with social distancing and face coverings, as a team at the start line and teams should be a minimum of 14 feet apart upon start.
- No common bins will be utilized at the starting line for personal items. All
  personal items, including warmups, headphones, etc.... cannot be taken to the
  starting area.

### Finish Line:

- Schools must develop a non-transmittal way of scoring the meet to ensure no popsicle sticks, cards, labels, etc.... are given out as athletes cross the finish line (consider FAT Timing, videoing, or multicolored bibs to score later).
- Consideration should be given to providing additional volunteers near the finish line to help disperse athletes who have just completed their race.
- Finish lines should be open with a minimum 28 feet to cross. Teams should be directed to finish on separate sides. Lanes should be created over the last 100 yards.

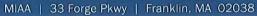
Masks/Face Coverings - Athletes can remove face coverings during the race when socially distanced but must wear it at the start of the race. Athletes should prepare to use a face covering at the conclusion of a race as soon as possible given social distancing needs as well as considering exhaustion/breathing at the conclusion of a race.

### Post Workout/Post Contest

- Warm Down Areas Designated warm down areas should be provided for each team to ensure social distancing after the meet.
- Race Results
  - Consideration should be given to providing additional volunteers to help compile race results in multiple, smaller gatherings
  - Consideration should be given to providing race results virtually
- End of Practice/End of Race Athletes/teams should immediately disperse upon the conclusion of practice and meets. All participants should return home to shower, clean clothes and equipment used after every workout and/or meet.

## CATIONAL ATHLET









# MIAA Sports Medicine Recommendation to MIAA COVID Task Force

### Fall 2020 - Return to Play

Updated Sept. 18, 2020

The following guidance has been created by the MIAA Sports Medicine Committee to allow for thoughtful planning and implementation of protocols to support the safe return to play for MIAA student-athletes.

### **Face Coverings**

In accordance with CDC guidance the use of face coverings will be required "to reduce the risk of spreading COVID-19 **from** the person wearing the mask (who may not have any symptoms of the disease)." (CDC Consideration for Youth Sports, 2020) There is also evidence that the use of a face covering will also provide protection **to** the wearer. "Face coverings may be challenging for players (especially younger players) to wear while playing sports." (CDC Consideration for Youth Sports, 2020) "Face coverings should be worn by coaches, youth sports staff, officials, parents, and spectators as much as possible." (CDC Consideration for Youth Sports, 2020).

Recognizing the benefits and potential concerns of using face coverings during conditioning and physical activity, the MIAA BOD, in collaboration with the MIAA Sports Medicine Committee, recommends:

- i. Cloth or disposable face coverings should be worn throughout each phase when not engaging in vigorous activity, unless required by a sport rule modification. This would include sitting on the bench, during chalk talk, interacting with an athletic trainer, etc.
- ii. Medical grade face coverings are not necessary. Cloth or disposable face coverings are acceptable. Face coverings should be multi-layered.
- iii. Coach and other contest administrative personnel should always wear cloth face coverings. (Artificial noisemakers such as an air horn or a timer system with an alarm can be used to signal in place of a traditional whistle.) (2020 NFHS Guidance for Opening up High School Athletics and Activities, 2020)

### **Quarantine and COVID-19 Action Plans**

All schools should incorporate quarantine procedures and required COVID-19 response plans in their documented Emergency Action Plans. These plans should be known to all coaches and medical staff and should be practiced. The plans should cover how to deal with visiting teams, game officials and spectators.

### **Activity Type and Phases**

The Phase Structure within this document is intended to align with phasing protocols and guidelines of the Massachusetts Executive Office of Energy and Environmental Affairs (EEA).

Risk Level: Sports and recreation activities are categorized as "Lower Risk," "Moderate Risk," and "Higher Risk."

Lower Risk sports and recreation activities are characterized by:

- Sports or activities that can be done with social distancing and no physical contact
- Sports or activities that can be done individually

Examples: Batting cages, tennis, swimming, golf, no contact exercise classes, gymnastics, cross country

Moderate Risk sports and recreation activities are characterized by:

• Sports or activities that involve intermittent close proximity or limited, incidental physical contact but with protective equipment or mitigating measures in place that may reduce the likelihood of respiratory particle transmission between participants (e.g., wearing masks, modifying play)

Examples: Baseball, softball, track and field, running clubs, team swimming, volleyball, field hockey, no-contact lacrosse, soccer

Higher Risk sports and recreation activities are characterized by:

• Sports or activities for which there is a requirement or substantial likelihood of routine close and or sustained proximity or deliberate physical contact between participants and a high probability that respiratory particles will be transmitted between participants.

Examples: Football, wrestling, rugby, basketball, lacrosse, ice-hockey, competitive cheer

### Phase 2:

Phase 2 is recommended for beginning a return to sports. If there is an increase in cases within the region or organization, it is recommended to return back to the previous phase and potentially will need to stop sports. Dates are subject to change per this recommendation at any time based on local health department guidance.

During this phase, individual workouts are allowed to begin on campus or at the organization's facility. However, **no more than 10 individuals, including coaches, are recommended in a space.** The space should be separated by a barrier or large enough distance that individuals can maximize social distancing and no players/coaches should be within 6 feet of each other. There should no interaction between groups of 10 during this phase. All machines or equipment should be wiped down with disinfectant after each use. Gathering limitations and cleaning to be enforced by school administration in collaboration with the athletic trainer.

Athletes should not be interacting with anyone outside the area where their individual workout is located.

### **Pre-workout Screening:**

- All coaches and students should be screened for signs/symptoms of COVID-19 prior to a
  workout. Temperature screenings would need to be done in accordance with local regulations
  and guidance.
- Responses to screening questions for each person should be recorded and stored so there is a record of everyone present in case a student develops COVID-19 (see COVID-19 Athlete/Coach Monitoring Form at the end of this document)
- Any person with positive symptoms reported should not be allowed to take part in workouts and should contact his or her primary care provider or other appropriate health-care professional.
- High risk individuals (coaches, staff and/or student athletes should not oversee or participate in any workouts during Phase 2.
- It is recommended that every student with a prior diagnosis of COVID-19, symptoms suggestive of COVID-19, or a "close exposure" to someone with COVID-19 should contact their medical provider to determine if further evaluation is warranted prior to returning to sports.

- A medical evaluation is strongly recommended for students with a confirmed case of COVID-19
- All students with prior COVID-19 should be screened for ongoing symptoms of chest pain/pressure with exercise, difficulty breathing or dizziness with exercise, or decreased exercise tolerance.

### Limitations on Gatherings: (aligned with EEA guidance)

- No gathering of more than 10 people at a time (inside or outside).
- Locker rooms should not be utilized during Phase 2. Students should report to workouts in proper gear and immediately return home to shower at end of the workout.
- Workouts should be conducted in "pods" of students with the same 5-10 students always
  working out together. Smaller pods can be utilized for weight training. This ensures more
  limited exposure if someone develops an infection.
- There must be a minimum distance of 6 feet between each individual at all times. If this is not
  possible indoors, then the maximum number of individuals in the room must be decreased
  until proper social distancing can occur.
- Groups must be 20 ft apart
- Activities performed during this phase cannot include any contact.
- Limit any nonessential visitors, spectators, staff, volunteers, and activities involving external
  groups or organizations as much as possible
- Facility managers must set, post, and monitor occupancy limits for bathrooms based on the ability to maintain six-foot social distancing

### **Physical Activity and Athletic Equipment:**

- There should be no shared athletic equipment (towels, clothing, shoes, or sports specific equipment) between students. Based on DESE guidance for school reopening, temperature checks will not be required. However, a school district may opt to consider the practice and it may be required by the school's local Board of Health.
- Students should wear their own appropriate workout clothing (do not share clothing) individual clothing/towels should be washed and cleaned after every workout.
- All athletic equipment, including balls, should be cleaned after each use and prior to the next workout.
- Individual drills requiring the use of athletic equipment are permissible, but the equipment should be cleaned prior to use by the next individual.
- Resistance training should be emphasized as body weight, sub-maximal lifts and use of resistance bands.
   Free weight exercises that require a spotter cannot be conducted while honoring social distancing norms. Safety measures in all forms must be strictly enforced in the weight room.

### Examples (including by not limited to):

- A basketball player can shoot with a ball(s), but a team should not practice/pass a single ball among the team where multiple players touch the same ball.
- A football player should not participate in team drills with a single ball that will be handed off
  or passed to other teammates. Contact with other players is not allowed, and there should be
  no sharing of tackling dummies/donuts/sleds.
- A volleyball player should not use a single ball that others touch or hit in any manner.
- Softball and baseball players should not share gloves, bats, or throw a single ball that will be tossed among the team. A single player may hit in cages, throw batting practice (with netting

as backstop, no catcher). Prior to another athlete using the same balls, they should be collected and cleaned individually

- Wrestlers may skill and drill without touching a teammate.
- Tennis players may do individual drills, wall volleys and serves.
- Runners should maintain the recommended 6 feet of distancing between individuals

### **Hydration:**

- All students shall bring their own water bottle. Water bottles must not be shared.
- Hydration stations (water cows, water trough, water fountains, etc.) should not be utilized.

### **Facilities Cleaning:**

- Adequate cleaning schedules should be created and implemented for all athletic facilities to mitigate any communicable diseases.
- Prior to an individual or groups of individuals entering a facility, hard surfaces within that
  facility should be wiped down and sanitized (chairs, furniture in meeting rooms, locker rooms,
  weight room equipment, bathrooms, athletic training room tables, etc.).
- Individuals should wash their hands for a minimum of 20 seconds with warm water and soap before touching any surfaces or participating in workouts.
- Hand sanitizer should be plentiful and available to individuals as they transfer from place to place.
- Weight equipment should be wiped down thoroughly before and after an individual's use of equipment.
- Appropriate clothing/shoes should be worn at all times in the weight room to minimize sweat from transmitting onto equipment/surfaces.
- Any equipment such as weight benches, athletic pads, etc. having holes with exposed foam should be covered.
- Students must be encouraged to shower and wash their workout clothing immediately upon returning to home.

### Phase 3:

During this phase, team workouts, practices, and competitions (with some restrictions and/or modifications) are allowed to begin on campus or at facilities. Team drills can occur where players are less than 6 feet apart, but this should be minimized to brief one-on-one drills if the practice is conducted using the cohort/pod model. Most of the practice should utilize social distancing.

No two teams should be in the same location at one time. If the same field or gym will be used back to back, allow ample time between sessions to clean area between teams. Half field use is permitted. Be sure there is no interaction between teams. Gathering limitations and cleaning to be enforced by school administration in collaboration with the athletic trainer.

Any equipment used should be disinfected between individual uses (i.e. helmets, bat, stick etc.). Social distancing should apply as much as possible during these team workouts and practices.

### **Pre-Workout/Contest Screening:**

All coaches and students should be screened for signs/symptoms of COVID-19 prior to a
workout. Based on DESE guidance for school reopening, temperature checks will not be
required. However, a school district may opt to consider the practice and it may be required by
the school's local Board of Health.

- Responses to screening questions for each person should be recorded and stored so that there is a record of everyone present in case a student develops COVID-19 (see Appendix II for sample Monitoring Form).
- Attendance and "cohort" groups should be documented daily
- Any person with positive symptoms reported should not be allowed to take part in workouts and should contact his or her primary care provider or other appropriate health-care professional.
- High risk individuals (coaches, staff and/or student athletes) should not oversee or participate in any workouts during Phase 3.
- It is recommended that every student with a prior diagnosis of COVID-19, symptoms suggestive of COVID-19, or a "close exposure" to someone with COVID-19 should contact their medical provider to determine if further evaluation is warranted prior to returning to sports.
- A medical evaluation is strongly recommended for students with a confirmed case of COVID-19.
- All students with prior COVID-19 should be screened for ongoing symptoms of chest pain/pressure with exercise, difficulty breathing or dizziness with exercise, or decreased exercise tolerance.

### **Limitations on Gatherings: (aligned with EEA guidance)**

- Reference EEA Guidance for detail on outdoor and indoor capacity guidance
- If locker rooms or meeting rooms are used, they may only operate at 50% capacity and there must be a min of 6ft distance between individuals. Showers are closed, unless required for public pool operation.
- Workouts should be conducted in "pods" of students with the same 5-10 students always working out together. Smaller pods can be utilized for weight training. This ensures more limited exposure if someone develops an infection.
- Team drills can occur where players are less than 6 feet apart, but this should be minimized
  to brief one-on-one drills. Most of the practice should utilize social distancing. Consider using
  tape or paint as a guide for students and coaches. All practices and team activities should
  follow social distancing guidelines, wearing face coverings and follow MIAA sport
  modifications.

### **Physical Activity and Athletic Equipment:**

- Lower risk sports practices and competitions may resume. Modifications may be necessary. (see Sport Classification list at the beginning of this document and published <u>MIAA Sport Modifications</u>)
- Moderate risk sports practices and competitions may resume with modifications.
- Higher risk sports modifications will be updated and developed when those sports are approved for participation.
- There should be no shared athletic towels, clothing or shoes between students.
- Students should wear their own appropriate workout clothing (do not share clothing), and individual clothing/towels should be washed and cleaned after every workout.
- All athletic equipment, including balls, should be cleaned intermittently during practices and contests.
- Hand sanitizer should be plentiful at all contests and practices. Its use should be required upon entrance and exiting game play and before leaving the facility if hand washing is not possible.

 Maximum lifts should be limited and power cages should be used for squats and bench presses. Spotters should stand at each end of the bar. Face coverings are required for participants.

### **Hydration:**

- All students shall bring their own water bottle. Water bottles must not be shared.
- Hydration stations (water cows, water trough, water fountains, etc.) should not be utilized.

### **Facilities Cleaning:**

- Adequate cleaning schedules should be created and implemented for all athletic facilities to mitigate any communicable diseases.
- Prior to an individual or groups of individuals entering a facility, hard surfaces within that
  facility should be wiped down and sanitized (chairs, furniture in meeting rooms, locker rooms,
  weight room equipment, bathrooms, athletic training room tables, etc.).
- Individuals should wash their hands for a minimum of 20 seconds with warm water and soap before touching any surfaces or participating in workouts.
- Hand sanitizer should be plentiful and available to individuals as they transfer from place to place.
- Weight equipment should be wiped down thoroughly before and after an individual's use of equipment.
- Appropriate clothing/shoes should always be worn in the weight room to minimize sweat from transmitting onto equipment/surfaces.
- Any equipment such as weight benches, athletic pads, etc. having holes with exposed foam should be covered.
- Students must be encouraged to shower and wash their workout clothing immediately upon returning to home.

Phase 4: When EEA guidance is developed for phase 4 this guidance will be updated.

COVID-19 Athlete/Coach Monitoring Form	ng Form	_			Cir	Circle Yes/No below	No be	WO				
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### **Dennis-Yarmouth Regional School District**

### Administration Center 296 Station Avenue South Yarmouth, Massachusetts 02664-1898

**Telephone (508) 398-7600** 

Fax (508) 398-7622

September 10, 2020

Pat Taylor 897 West Yarmouth Road Yarmouth Port, Massachusetts 02675

Dear Ms. Taylor:

Thank you for your extremely generous donation of 100% cotton, multi-layer, prewashed face coverings. What a beautifully made assortment! You have kindly donated masks with ear loops and masks with ties. The extra small masks will be perfect for our youngest students.

Your timely and thoughtful gift is greatly appreciated by our staff and students!

Sincerely,

Carol A. Woodbury
Superintendent

CAW/emw



### **Dennis-Yarmouth Regional School District**

# Administration Center 296 Station Avenue South Yarmouth, Massachusetts 02664-1898

**Telephone (508) 398-7600** 

Fax (508) 398-7622

September 21, 2020

Mr. Richard White Dennis-Harwich Lions Club Post Office Box 41 Dennis Port, Massachusetts 02639

Dear Mr. White:

On behalf of the Dennis-Yarmouth Regional School Committee, thank you to the Dennis-Harwich Lions Club for your donation of cloth face coverings for our students.

We sincerely appreciate your time and generosity!

Sincerely,

Carol a. Woodbury

Superintendent of Schools

CAW/emw



# Dennis-Yarmouth Regional School District EARLY EDUCATION PROGRAM

http://www.dy-regional.k12.ma.us/district/early-education

Carole A. Eichner
Director of Early Learning

296 Station Avenue South Yarmouth, MA 02664 Tel. (508) 778-7988 Tel. (508) 778-7989 Fax. (508) 778-7982

RECEIVED

SEP 21 2020

September 18, 2020

TO:

Superintendent Carol A. Woodbury and

Dennis-Yarmouth Regional School Committee

FROM:

Carole A. Eichner, DY Director of Early Learning

RE:

Donation of Child-sized reusable Face Masks

Dear Mrs. Woodbury and Members of DYRSD School Committee,

Thanks to the generosity of Carol Conroy and the team at CVS #1869 located at 1080 Falmouth Road, Hyannis MA 02601, we received a generous donation of fifty (50) child-size reusable face masks to help families of young children in our schools.

In times like these, it is humbling to know that our community partners are here to help. I know that these masks will be appreciated by so many of our students and families.

I request that we accept this wonderful gift with gratitude.

"Empowering each student to achieve excellence with integrity in a changing world."

### DENNIS-YARMOUTH REGIONAL SCHOOL DISTRICT

### Minutes of a School Committee Meeting Thursday, September 3, 2020

A Dennis-Yarmouth Regional School Committee meeting was held on Thursday, September 3, 2020, at Station Avenue Elementary School in South Yarmouth, Massachusetts and via remote technology in accordance with the Governor of Massachusetts' March 12, 2020 Order Suspending Certain Provisions of the Open Meeting Law G.L. c. 30A, Section 20.

<u>Members Present:</u> Jeni Landers, Chairperson; Joseph Tierney, Vice Chairperson; Brian Sullivan; and Phillip Morris.

Members Logged in as Present: Joe Glynn.

Members Absent: James Dykeman, Jr., Secretary; Brian Carey, Treasurer.

Others Present: Carol Woodbury, Superintendent of Schools; Ken Jenks, Assistant Superintendent for Administrative and Business Services; Eileen Whalen, Recording Secretary to the School Committee.

At 6:33 p.m., Jeni Landers, Chairperson, called the meeting to order.

Superintendent Woodbury expressed her condolences to the family of Dennis-Yarmouth Regional High School staff member Mr. Tom Lonergan who recently passed away. Tom graduated from Dennis-Yarmouth High School and has worked there since 1998. She also expressed her condolences to the family of Mr. Steve Teehan who recently passed away. Steve is the husband of long-time high school teacher Mary Loebig. A moment of silence was held for both men. Jeni Landers expressed condolences on behalf of the Committee.

### Reports

- A. School Committee Liaisons to the Boards of Selectmen
  - <u>Yarmouth</u>: Joe Tierney announced that Dan Horgan was elected as the new selectman for the Town of Yarmouth. He will request a schedule of selectmen meetings so that members of the school committee can attend whenever possible.
  - <u>Dennis</u>: Jeni Landers would also like the schedule for the Dennis Selectmen meetings.
- B. DYRSD Building Committee Update J. Tierney
  Joe Tierney reported that the next Building Committee meeting will take place on
  September 17<sup>th</sup> at 4:30 p.m. via Zoom technology. Ken Jenks said that the 60% design
  submission has been submitted. Chair Landers would like the Owners Project Manager
  to present to the school committee soon.
- C. Assistant Superintendent Ken Jenks Updates:

- 1. Yarmouth Board of Selectmen: Mrs. Woodbury and Mr. Jenks recently presented the school reopening plan to the Yarmouth Board of Selectmen.
- 2. Yarmouth Board of Health: District Nurse Kristin Dwyer accompanied Ken Jenks to a recent Yarmouth Board of Health meeting. The boards of both towns have been excellent to work with.
- 3. School Transportation: Schools are still following up with parents regarding the survey.

Mr. Jenks then followed up with new information regarding the initial HVAC draft report. The report was received on the day of this meeting and there was not enough time to properly review it prior to the meeting. He plans on reviewing it with the engineers. He asked the Committee to consider remote learning until October 5<sup>th</sup>. Another option suggested would be to use the remaining 3 professional development days on September 15, 16 and 17 and then begin school remotely on September 21<sup>st</sup>. He said that the technology department feels they can get the 700+ iPads that have been ordered for the younger grades ready for distribution if specific HVAC work is needed.

Mrs. Woodbury said that she is in touch with the Commissioner's office where they discussed all of the procedures the District has implemented to help ensure a safe return to in-person school including 6 foot distancing, masks, cohorts, handwashing, etc. Ventilation is just part of the strategy. The superintendent noted that approximately 75% of district families have requested in-person learning.

Chair Landers asked for questions from the Committee:

Brian Sullivan is opposed to remote learning; he does not plan to change his vote.

Joe Tierney asked about busing; if a student begins the year being driven to school and wants to return to riding the bus, will there be a delay? Mr. Jenks said yes, students will not be able to just switch to the bus, there will be a delay. Mr. Tierney said that the students can be brought back safely; we have to live up to the safe part. Ventilation is just one part. The Cape has a very low infection rate despite the influx in tourists.

Jeni Landers would like school to start September 16th. We have had since March to come with a plan; no need to go any longer. She does not want to use the 3 professional development days. She is not in favor of voting on this issue tonight; we need to know what is in the HVAC report. If an emergency meeting is necessary they will call one. If upgrades are necessary who is paying for them?

Joe Tierney concurs with Ms. Landers; no vote tonight, he wants to review the engineering report. Each school is different; kids have to come back to school.

Joe Glynn asked who will pay for the upgrades. There are to be no unfunded mandates. Request help from the Commissioner.

Discussion followed about the possibility of a meeting sometime next week.

### **School Committee Business**

### Approve Mask Policy

On a motion by Phil Morris, seconded by Joseph Tierney, and carried by roll call vote 5-0 it was

VOTED: That the Committee dispense with the sequence for adopting policies under School Committee Policy BGB and vote a mask policy this evening given the emergency nature of getting said policy in place before the start of the in-person student school year.

Joseph Glynn	yes
Phillip Morris	yes
Brian Sullivan	yes
Joseph Tierney	yes
Jeni Landers	yes

A discussion followed regarding face coverings. Mrs. Woodbury said that it is the strength of the policy which makes families feel safe sending their children to school.

On a motion by Joseph Tierney, seconded by Phil Morris, and carried 4-1 by roll call vote it was

VOTED: That the school committee adopt policy EBCFA as revised.

Joseph Glynn	yes
Phillip Morris	yes
Brian Sullivan	no
Joseph Tierney	yes
Jeni Landers	yes

### Consent Agenda

On a motion by Joseph Tierney, seconded by Phil Morris and carried 5-0 it was voted to approve the following items included in the consent agenda:

### **Donations**

Move to accept with gratitude a \$100.00 donation to the Marguerite E. Small Library from John and Debra Mulkeen of Marstons Mills.

Move to accept with gratitude a donation of 12 backpacks from Mr. Mark Ohrenberger of Yarmouth Port.

### **Minutes**

July 13, 2020 July 30, 2020 August 6, 2020 August 17, 2020

### Bills, Requisitions and Payroll

Bills, requisitions and payroll were signed by the Committee.

### Calendar

The calendar was reviewed.

### **Information Items**

Letter to the Cape Cod Times from Mr. John Mulkeen of Marstons Mills: Mr. Tierney spoke of the eloquent letter Mr. Mulkeen wrote to the Cape Cod Times regarding the Marguerite E. Small School which was included in the packet.

Tentative School Committee Meeting Schedule 2020-2021: The tentative schedule was included in the packet.

### **Public Comment**

Michelle Conover asked about any foreseeable issues regarding buses and food supplies. Another parent inquired as to what remote learning will look like.

At 8:10 p.m., on a motion by Joseph Tierney, seconded by Phil Morris, and carried by roll call vote 5-0 it was

VOTED: To enter into Executive Session, not to return to Public Session, for the purpose of discussing strategy with respect to Collective Bargaining or litigation if an open meeting may have a detrimental effect on the bargaining or litigating position of the public body and the chair so declares. (DYEA Negotiations, DYRSAA Negotiations.)

Minutes recorded and prepared by,

Eileen M. Whalen, Assistant Secretary

### DENNIS-YARMOUTH REGIONAL SCHOOL DISTRICT

### Minutes of a School Committee Meeting Thursday, September 10, 2020

A Dennis-Yarmouth Regional School Committee meeting was held on Thursday, September 10, 2020, at Station Avenue Elementary School in South Yarmouth, Massachusetts and via remote technology in accordance with the Governor of Massachusetts' March 12, 2020 Order Suspending Certain Provisions of the Open Meeting Law G.L. c. 30A, Section 20.

<u>Members Present:</u> Jeni Landers, Chairperson; Joseph Tierney, Vice Chairperson; Brian Carey, Treasurer; Brian Sullivan; and Phillip Morris.

Members Logged in as Present: Joe Glynn.

Members Absent: James Dykeman, Jr., Secretary,

Others Present: Carol Woodbury, Superintendent of Schools; Kenneth Jenks, Assistant Superintendent for Administrative and Business Services; Eileen Whalen, Recording Secretary to the School Committee.

Open the Meeting: At 5:07 p.m., Jeni Landers, Chairperson, called the meeting to order.

### **School Reopening**

Carol Woodbury, Superintendent Kenneth Jenks, Assistant Superintendent

Updates to HVAC, Busing, and Technology:

Mr. Jenks said that he has additional information to share since the Committee last met. He began with the buses. He explained that surveys were sent out to families requesting a commitment to either ride the bus or get a ride to school. A follow-up survey went out 8/23; there are still 50% of our families who have yet to respond. Follow-up calls are being done by each school to those who have not responded. This has put the district in a challenging position; the bus company has not been able to schedule all the students on buses. The bus company can schedule all of the elementary students on buses so that they can start school on September 16<sup>th</sup> as planned. The other three schools, Wixon, Mattacheese, and the high school will begin remotely for the first 3 days, September 16, 17, 18 and then begin in-person on Monday, September 21<sup>st</sup>.

HVAC: The district has a subcontractor, ENE, which handles repairs and maintenance to the HVAC system. The DESE supports but does not mandate the HVAC study that the Massachusetts Teachers Association is in favor of. There were about a dozen state-approved vendors that the district could choose from; they chose Consulting Engineering Services (CES). It was determined that the systems have adequate capacity for air exchange/volume. In the short term, cleaning, sanitizing, changing filters and changing filters are all being done. Mr. Jenks did a walk through with DYEA representatives and the principal of the building. Any deficiencies

are being addressed; the systems are working. *Labco* will go to individual classrooms to test and measure. Classes will be relocated if necessary. Work is continuing; appropriate due diligence, the facilities department has done a great job.

Superintendent Woodbury said she has been in touch with Department of Education's operations person. It is important to look at the whole picture; what strategies are being used to reduce risk. Physical distancing (3 feet is recommended; the district is using 6 foot distancing); masking; cohorts; cleaning, hygiene, sanitizing; mitigation strategies for ventilation such as open windows, box fans, air purifiers.

Chair Landers thanked Carol and Ken for their presentations and asked for questions and comments from the Committee.

Phil Morris mentioned the energy maintenance plan put into place many years ago and how it has helped. He also expressed his appreciation to the many parents who have sent him emails.

Brian Carey expressed his frustration that so many families did not respond to the survey regarding transportation. He also expressed his frustration about the district having to pay \$52,000 for the HVAC study. He mentioned the many emails he has received from parents and that the majority of families want their children in school.

Joe Tierney expressed his appreciation to the many parents who sent emails. He also thanked the educators, food services, and the facilities department. He felt that if the bus routes are ready prior to the 21<sup>st</sup> that the students should return then.

Brian Sullivan said that the worst is behind us. He expressed his frustration that the bus company did not get the routes done in time.

Chair Landers said she would do her best to respond to the many parent emails she has received. She suggested that parents contact their child's principal or assistant principal with school-specific questions. PreK-3 will begin in person on September 16<sup>th</sup>; grades 4-12 will be remote on September 16, 17, and 18. All students will begin their regular schedules on September 21, 2020. She did not feel any vote is needed.

Brian Sullivan asked if the Committee should vote in support.

Superintendent Woodbury clarified information about the bus company. Usually the bus company schedules their runs beginning with the high school, then the middle school, then the elementary schools. She specifically asked them to schedule the elementary students first so that they would be able to return to in-person schooling.

On a motion by Brian Carey, seconded by Phil Morris, and carried 4-2 by roll call vote, it was

VOTED: To begin in person schooling on September 16, 2020 for Grades PreK-3 at Ezra H. Baker Innovation School, Station Avenue Elementary School, and Marguerite E. Small

Elementary School. Grades 4-12 will begin remotely on September 16, 17, and 18 with the entire district returning to in-person schooling on September 21, 2020.

Brian Carey	yes
Joe Glynn	no
Phillip Morris	yes
Brian Sullivan	no
Joseph Tierney	yes
Jeni Landers	yes

Brian Carey asked that a future agenda item be considered regarding the MIAA launch of athletics and what would happen if the district were to go fully remote.

### **Public Comment**

Ms. Houston expressed concern about the HVAC report; Michelle Conover said that there have been issues with the bus company in the past; Mr. Fitzgerald felt that the process has failed; Vida Morris felt that parents could take responsibility to get their children to school.

### Items Distributed at Meeting

Consulting Engineering Services (CES) Ventilation Systems Assessments for:
Dennis-Yarmouth High School
Mattacheese Middle School
Nathaniel Wixon School
Station Avenue Elementary School
Marguerite E. Small Elementary School
Ezra H. Baker Innovation School

### Adjourn

At 6:24 p.m., on a motion by Joseph Tierney, seconded by Brian Sullivan, and carried 6-0 by roll call vote it was:

VOTED: To adjourn the meeting.

Brian Carey	yes
Joe Glynn	yes
Phillip Morris	yes
Brian Sullivan	yes
Joseph Tierney	yes
Jeni Landers	yes

Minutes recorded and prepared by,

Eileen M. Whalen, Assistant Secretary

# September 2020

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			One Hour Early Release Day			

# October 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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	SC SAE 6:30					
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				School Building Committee Meeting 4:30 via Zoom		



September 20, 2020

Dear Dr. Funk,

I write today to inform you of the service of two remarkable individuals at Dennis Yarmouth High School, who were of valuable service to the Friends of Bass River. Friends of Bass River is a local non-profit dedicated to the restoration and preservation of estuaries and surrounding wetlands within our watershed.

Firstly, Carl DePuy, of your science department has been a valued volunteer consultant to our group. As a scientist and a teacher he has been instrumental in guiding our water testing program, giving us valued environmental insights allowing us to obtain a grant of \$257,000 (100% funding), and providing guidance as to pathways for experiential education to students in the Dennis Yarmouth area.

Secondly, Ainslee Caton, a rising senior this past summer, enthusiastically pursued an opportunity to participate as a volunteer in our estuary water testing project. After finishing our workshop on water testing, she completed 14 weeks of taking samples from Bass River, collecting site data, and delivering samples for further study at the Center for Coastal Studies. She was highly reliable and professional in carrying out all of her duties.

The work of Car DePuy and Ainslee Caton evidence the quality of the Dennis Yarmouth School District. In nurturing aspiring scientists through engaging classroom education and hands-on experiential learning alongside professionals presents a model for future success.

Thank you for your commitment to providing the best learning opportunities to our youth.

Sincerely, Rick Bishop Director, Friends of Bass River Elizabeth Gail Hayden Trustee, Friends of Bass River

Educate | Collaborate | Preserve www.friendsofbassriver.org