SPECIAL POINTS OF INTEREST:

If you have any further questions, please contact me, Cookie Stewart, at 508-778-7599 or at stewartv@dyregion-al.k12.ma.us

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Recipes for Success

Learning Activity A

Day

Dennis-Yarmouth Title I

VOLUME I ISSUE VII

MARCH 2020

From the Title I Coordinator:

This March, the United States will begin collecting census information. It is important for everyone living in the United States to complete the census information. This information is **not** used for anything other than to find out how many people are living in each city and town in our country. The information is only used to figure out how to divvy up monies for schools, how many representatives each state will have, and many other things relating to numbers of people in a state. It is not being used to find out if someone is here illegally. Even if you are not an American citizen, you should complete the census form because



you are part of the community in which you are living, and the schools in



your community more than likely could use the money from the federal government based on the amount of people in your town.

② Use time in the car with your child or other pockets of time to squeeze in a little more learning.
Your child can not read

library books in the tub, but he can count

his toes. He can't write an essay in

the car, but he can talk about what

he's going to write, or review spelling words.

Set priorities. Decide what's

most important to you. Then consciously decide how to spend your time. Make sure your decisions reflect what matters. Have a choice between cooking a fancy dinner or reading with your child? Order pizza and read the book!

Spend one-on-one time. Kids

Espend one-on-one time.

Kids

need both "quality" and
"quantity"

time with you. There's

nothing like

spending time alone with a

parent to

make a child feel special.

Every

week make an appointment to spend

some time alone with each

of your

children.

Find your child's "Prime
Time"
for studying. This may be a

key to his success in school. It might be early in the morning or late at night

or any time in between.

Home & School Success How Together for School Success How School School Success How School School Success How School School School Success How School Schoo

March 2020

Dennis Yarmouth Title I Program





Heads or tails logicThis brainteaser will

encourage your youngster to think logically. Have each family member line up four pennies with heads facing up. The challenge is to turn them all to tails. The catch? Flip over exactly three pennies each time. Who can do it in the fewest number of tries?

A day in the life

What would life be like if your child were a shoe? How about a bicycle? Suggest that he write a diary entry from an object's point of view. Prompt him to imagine and write details about what the shoe or bike would see, hear, feel, and think.

Summer plans

Day camps and other summer programs often fill up fast. If you're looking for one for your child, consider signing up soon. Ask her school about programs—some may be free depending on your income. Also, browse the parks and recreation catalog or website for summer programs that match your youngster's interests.

Worth quoting

"The beautiful thing about learning is nobody can take it away from you." *B. B. King*

JUST FOR FUN

Q: What do you get if you cross a porcupine with an alligator?

A: I don't know, but you probably shouldn't hug it.



Standardized test success

Doing well on a standardized test starts way before your child's teacher says, "You may begin." Boost your youngster's confidence and help her do her best with these tips.

Focus on schoolwork

The work habits your child uses all year long are the same ones she'll need on test day. Have her keep a list of what she does well when she does schoolwork, such as double-checking math answers or proofreading her essay. The night before the test, she can give herself a "pep talk" by reviewing her list.

Try a strategy

Let your youngster practice a key test-taking strategy in a stress-free way. Make up imaginary questions like "What is a unicorn's favorite food?" List answer choices, including one that's "right" (A: rainbow sprinkles), one that seems wrong (B: coal), and two that sound possible (C: pasta, D: pizza). While the question isn't real, the strategy is—discard any

obviously wrong answers, then weigh your first instinct against the remaining choices.



If your child will take tests on a computer, help her work on keyboarding. She might type a story she wrote or email a relative, for instance. She'll practice typing, using special keys (shift, enter), and pointing and clicking the mouse on commands (save, send). *Tip*: No computer at home? Head to the library where she can use one for free.♥

Sports: A winning attitude

Everyone likes winning. Losing? Not so much. Regardless, here are ways your youngster can be a good sport no matter the outcome:

• Cheer each other on when good things happen ("Nice catch!"), and sympathize when they don't ("You'll get the next one!").



- Shift your child's thinking. Instead of focusing on coming in first or scoring the most goals, suggest that he work on beating his personal best.
- When you watch sports together, point out examples of good sportsmanship. Perhaps his favorite basketball player helps an opponent up after a fall.♥

Learning as a family

Keep your youngster excited about learning by making it a family affair. With these ideas, he'll see that learning is a lifelong journey.

child can learn from relatives who remember living through an event or a time period he's studying in history. The whole family could gather around to hear about a grandparent's experience watching the first moon landing on television.



Give a lesson. Let your child be the teacher! Say he's learning about states of matter in science. He might help you cook and point out that water turns into a gas (steam) when it boils. Or he could make ice pops to demonstrate that water changes to a solid in the

On the go. Find family outings related to what your child studies. A high school orchestra concert lets him hear more experienced musicians playing instruments he uses in music class. If he's learning ways to protect the environment, consider participating in a local watershed cleanup as a family. ♥



Money smarts

The first time a relative sent my daughter Lauren a gift card, she spent it right away. It occurred to me that she might find it harder to part with cash than a piece of plastic. So the next time she got a gift card, I traded her bills and coins for it.

Lauren put the money in a jar to keep on her dresser and labeled it with



the total. Now
when we go to the
store, she thinks
carefully about
whether she
wants to dip into
her jar for a pack
of trading cards or
a stuffed emoji. If

she does, she can take out the money before our next shopping trip and write the new total on her jar.

So far this strategy is working. Lauren immediately "sees" how much she's spending—and she doesn't want her jar to be empty.

OUR PURPOSE

To provide busy parents with practical ideas that promote school success, parent involvement, and more effective parenting.

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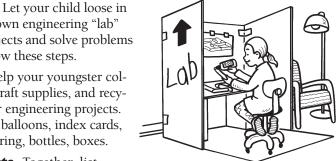
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CORNER

Make an engineering lab

her own engineering "lab" where she can design objects and solve problems as she builds them. Follow these steps.

I. Gather supplies. Help your youngster collect household objects, craft supplies, and recycling bin items to use for engineering projects. *Examples:* rubber bands, balloons, index cards, craft sticks, tape, glue, string, bottles, boxes.



2. Brainstorm projects. Together, list

contraptions she might design in her lab. Can she dream up a way to create a balloon-powered boat? Or maybe she has an idea for building a marble maze.

3. Get to work. Encourage your youngster to set up her lab in a corner of the family room, pick a project from her list, and get started.

Idea: Spark new projects and solutions by having her add supplies from time to time, such as bubble wrap or a cut-up pool noodle.♥

Anxiety in children

Q: I've been hearing about kids being diagnosed with anxiety disorders. My son tends to worry a lot. How can

ders. My son tends to worry a lot. How can I tell the difference between normal worrying and a serious problem?

A: Some anxiety is just part of everyday life. For example, it's perfectly natural if your child is nervous about giving a speech in class or worries that a friend is angry with him over a disagreement.

With an anxiety disorder, those feelings interfere with daily life. Talk to your son's doctor if you notice any symptoms, which include difficulty sleeping, loss of appetite, unexplained stomachaches or headaches, irritability, trouble concentrating, and avoiding regular activities.

If the doctor suspects an anxiety disorder, your child may be referred to a therapist who will work with him on new ways to react to things that worry him.♥

Building Excitement and Success for Young Children

March 2020

Dennis Yarmouth Title I Program



How many parking spots?

A cardboard box makes a great garage for your child's toy cars—and it's a counting tool, too. To find out how many parking spaces she needs, ask her to count her cars, touching each one as she says each number. Then, she could use a marker to draw that many spaces in her "garage," numbering one space for every car as she goes.

Left hand, right hand

Encourage your youngster to try everyday tasks with his nondominant hand. If he's right-handed, for



instance, he'll see that it's harder to throw a ball, write his name, and eat cereal with his left hand. Now share this interesting fact: The left

side of his brain controls his right hand, and vice versa.

Book picks

- 12 Ways to Get to 11 (Eve Merriam) shows combinations of numbers that add up to 11. A colorful introduction to addition.
- A Journey Through Space (John Haslam and Steve Parker) takes your youngster on a trip to discover planets, comets, asteroids, and more.

Just for fun

Q: What did the dog get when he ate two dog treats plus four dog treats?



All kinds of patterns

Colors, movements, numbers ... there are lots of ways for your child to make patterns. Enjoy these hands-on activities together.

Create a color pattern

Have your youngster cut two different-color sheets of paper, perhaps green and orange, into strips. Help him staple the ends of a green strip together, loop an orange link through it, and staple its ends. Let him repeat the pattern (green, orange, green, orange) until he runs out of links. *Variation*: Use three colors (red, red, yellow, green, red, red, yellow, green).

Continue a dance pattern

Perform a routine with a pattern of simple movements. After a few repeats, stop so your child can complete the pattern. *Example:* Slide left, slide right, spin around, slide left, slide right, spin around, slide left. Then, your youngster should slide right and spin around. Now he starts a dance for you to continue.



Grow a number pattern

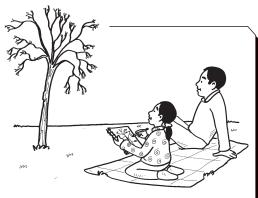
Play with growing patterns where the same number is added to each number before it. Secretly choose a number between 1 and 10 (perhaps 6). On a piece of paper, write a number pattern (starting at 1), adding your number repeatedly: 1, 7, 13, 19. Can your child determine your secret number based on your pattern? Next, he could give you a pattern to grow.

Adopt a tree

"That's my tree!" Encourage your youngster to learn about seasonal changes by choosing a special tree to watch throughout the year.

Get a notebook and crayons, and take a walk to let your child pick out her tree. She can sketch it and label its parts (trunk, branches). Have her write observations ("The branches are bare") and add the date.

Now visit her tree regularly as winter changes to spring. Soon she may notice tiny buds on the branches and, later, flowers, leaves, and perhaps even a bird's nest. What will the tree look like in summer or fall?



Math+Science Connection Beginning Edition

Muffin tin math

A muffin tin makes a great math tool for practicing a variety of skills your youngster learns in school. Try these ideas.

Sequencing. Have your child number a dozen cupcake liners 1–12. Mix them up, and see if she can put them into the tin in order. Rearrange them—can she start with 12 and put them in reverse order?



Sorting. Give your youngster a bin of craft supplies (pom-poms, beads, buttons, googly eyes) or other small objects that will fit into muffin tin cups. Suggest that she find a way to sort them, and you guess her sorting rule.

Maybe she'll sort by color (yellow, pink, white) or by material (fabric, plastic, metal). Now you sort them and let her figure out your rule.

Money. Turn the muffin tin into a "vending machine." Ask your child to write "prices" (5 cents, 25 cents, 41 cents, 83 cents) inside cupcake liners

and put them in the tin. Now she can add a small toy (plastic dinosaur, bouncy ball) in each liner. Dig up spare change, and take turns "shopping" for a toy, putting the correct coins into the cup.

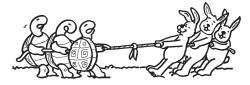
SCIENCE

Tug-of-war science

Your youngster will have a field day with this experiment while he learns about two forces: pushes and pulls.

You'll need: jump rope, "flag" (bandanna, dish towel), two safety cones or trash cans

Here's how: Play the popular field day game tug-of-war. Help your child stretch out the rope on the ground and tie a flag in the center. Now he should put a cone at each end of the rope. To play, partners or teams stand on opposite ends, holding the rope. On "Go," tug on the rope to get the flag over the cone on your side.



What happens? Tug-of-war involves pushes and pulls. You push your feet firmly against the ground while pulling on the rope. The person or team that pushes and pulls the hardest wins.

Why? Pushes and pulls are both forces. When applied in opposite directions, as when two opponents pull on a rope, an object moves toward the greater force.

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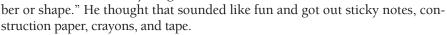
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Math around the house

Last week my son woke up and told me about his funny dream—he said our whole house was made of numbers and shapes! We had a good laugh, but it actually gave me an interesting idea.

When he got home from school that day, I told him we were going to make his dream come true. "Let's put math all through the house. We can label everything with a num-



First we labeled a window ("4 windowpanes") and bookcase ("3 shelves"). Then, we drew shapes and wrote their names on sticky notes. My son put them onto matching shapes, such as "rectangle" on the dishwasher door and "circle" on his alarm clock.

We've left the labels up, and now he can walk around the house and read them. His dream turned into a clever activity, and I'm happy that he's practicing his math skills and vocabulary.



Symmetry quilt

This "quilt" lets your youngster explore symmetrical designs—ones where each half is a mirror image of the other.

She'll need 20 index cards. She can fold each card in half vertically or horizontally, unfold, and draw a symmetrical picture. For instance, she might draw a heart or a flower with the line of symmetry (the

crease in the card) vertically down the exact center. Or on a card with a horizontal fold, she could create a symmetrical design—say, zigzags, stripes, or polka dots—on the top and bottom halves.

Have your child line up the cards in even rows and columns, and help her use clear pack-

ing tape to connect them all into a quilt. Now she can hang up her symmetry quilt for all to see!

How Families Can Help Children Get Ready to Read

Dennis-Yarmouth Regional School District Title 1

Listening to audiobooks can enhance your preschooler's reading readiness

Audiobooks do more than sharpen your young child's language skills. They also expand his imagination and strengthen his listening and comprehension skills.

The next time you listen to an audiobook together:

- **Visualize.** Ask your child to describe how he thinks the people and places look in the story.
- Pause. Stop every now and then to see if he is paying attention to the details. Say, "The little boy lost his balloon. Do you think he sounds sad, angry or scared?" If your child is



unsure, go back and listen to that part of the story again.

• **Review.** When the story ends, ask your child to retell it in his own words. The better able he is to do so, the more you'll know he was paying attention and understood what he heard.

"Reading brings us unknown friends."

-Honoré de Balzac

Create a love of reading by reading aloud

Reading aloud to your child is one of the most important things you can do to stimulate her love of reading. When you read aloud together, your child:

- Feels more connected to you, which leads to positive development and an overall sense of well-being.
- **Develops vocabulary.** Books introduce your child to a variety of new words and phrases.
- Learns how spoken words can vary from written text.
- **Learns about a variety** of topics, everything from nonfiction subjects to elements of friendship.
- **Learns that reading** is a wonderful thing that brings enjoyment!

Allow your child to move around during reading time

Just because your child may not enjoy sitting still to read books together doesn't mean that you shouldn't read to him! To make sure you're giving your energetic child quality reading time:

- **Allow him** to walk around as you read.
- **Act out** the stories you're reading together.
- **Break up** your daily reading time into smaller chunks of time.

Read the whole rhyme!

Many classic nursery rhymes are longer than you think. So don't limit your child to to the one or two verses you remember. From time to time, look up the full-length versions of standbys like "Old Mother Hubbard" and "London Bridge" and share them with your child.

When do grammar skills develop?

Children develop grammar skills at different rates, but there are some general milestones to help you gauge your child's progress.

By the time your child is four years old, he'll likely be able to understand and use:

- **Pronouns** (*he, she* and *they*)
- **Prepositions** (*over*, *in* and *under*)
- **Past-tense verbs** ("I *went* to school." "We *walked* to the park.")



Is your child developing the top five skills for reading readiness?

When preschool teachers want to make sure children are on track for reading success, they typically assess these five critical skills:

- **1. Print awareness,** the understanding that the print on a page represents words that have meaning.
- **2. Letter knowledge,** the ability to recognize the letters of the alphabet and to know the names and sounds of each.
- **3. Phonemic awareness,** the ability to hear and identify the various sounds in spoken words.
- **4. Comprehension,** the ability to understand the meaning of words and to relate to them in some way.
- **5. Motivation to read,** a child's eagerness and willingness to read.

Use synonyms to strengthen vocabulary

Grow your child's vocabulary with synonyms (different words with the same meaning). Just let her hear you using them, but don't drill them into her.

Why? Because one of the best ways to teach your child new things is to be so playful or low-key that she doesn't realize you're "teaching" her at all.

To help your child's vocabulary flourish, use synonyms for these and other common words the next time you're chatting with her:

- **Instead of "big,"** say: huge, giant or massive.
- **Instead of "small,"** say: *mini, teeny* or *compact*.
- **Instead of "happy,"** say: cheerful, merry or glad.





I printed out a stack of ABC worksheets for my preschooler, but he's not interested in them. Should I force the issue?

No! At this age, learning to read should involve play, not work. So don't plan lessons for your child. Instead, let him explore and enjoy language. Where

to start? Flip those worksheets over so he can scribble and color letters on the back.

Sharpen thinking skills with easy-to-do activities

Solid cognitive skills can turn your child into a stronger reader and a better thinker. To hone those skills in a relaxed way:



- **Describe an object** that's in the refrigerator and have your child find it for you. For example, "It's round, red and has a stem."
- **Test your child's memory.** Before she goes to bed, ask her to recap what she did that day.

Books to delight your early reader

- Not Norman: A Goldfish Story by Kelly Bennett. A little boy wants a furry pet. The goldfish he gets, Norman, is not what he has in mind! So he sets out to trade Norman for what he thinks will be a better pet.
- Goldilocks and Just
 One Bear by Leigh
 Hodgkinson. When
 a bear is taking a
 walk, he gets lost.
 All of a sudden he is
 in the big city! See where the bear
 ends up when he finds just the right
 place to have a snack and take a nap.
- Art by Patrick McDonnell. Art loves art—drawing squiggles, zigzags and scribbles in all of his favorite colors!

Building Readers®

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Reading Connection

Tips for Reading Success

March 2020

Beginning Edition

Dennis Yarmouth Title I Program

Book Picks



Read-aloud favorites

Frankly, Frannie (AJ Stern)
Frannie is still in elementary school, but she's ready for a real job. During a field trip to the local radio station, she might get her chance. The radio host is missing—in the middle of his show!

She's determined to fill in, with hilarious results. Book one in the Frankly, Frannie series.

■ The Great Gran Plan

(Elli Woollard)

What do you get when you cross the Three Little Pigs with Little Red Riding Hood? A picture book adventure where the big bad wolf is plotting to eat Granny, and a pig is on a mission to rescue her! (Also available in Spanish.)

■ Bring Me Some Apples and I'll Make You a Pie: A Story About Edna Lewis (Robbin Gourley)

Edna was raised on a Virginia farm where she learned to cook with foods

her family grew, including apples. This true story tells how she grew up to become an

award-winning chef who was known for using farm-fresh ingredients.

■ The Truth About Bears: Seriously Funny Facts About Your Favorite Animals (Maxwell Eaton III)

A trio of bear narrators—polar, brown, and black—add humor to this nonfiction book. Your child will discover where bears live, how big they are, and what their tracks look

like. Includes cartoon illustrations and easy-to-read text, maps, and diagrams.

Writing about me

"Personal narrative" is just a fancy term for a true story about the person your child knows best—herself! She's learning to write that kind of story in school, and you can help her at home with these activities.

Outstanding openings

A strong opening makes readers want to keep reading.
Ask your youngster to name something your family did recently (say, visited a museum).
Then, each of you can write two opening sentences for a story about it. Write one that doesn't give much information ("We went to a museum") and one that's more inviting ("My favorite museum has a giant elephant statue"). Trade papers, and tell which sentence you each like better and why.

Details

Vivid details paint pictures for readers. You and your child could each secretly think of a topic and write three sentences that give details about it. If your youngster picks music class, details might include



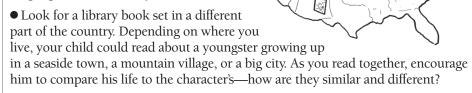
"The piano has smooth black and white keys," "We shake shiny bells while we sing," and "Sometimes we dance to music." Read your sentences aloud, and try to guess each other's topic.

Excellent endings

It's common for new writers to wrap up a story with "Then we went home" or "Then we went to bed." Work together to write a more creative final sentence for a story about your day. ("The March wind howled outside, and we fell asleep hoping to dream about spring.")♥

A celebration of reading

March 2 is Read Across America Day. Celebrate with your youngster by using books to learn about different places and languages in our country. Here's how:



 Many languages are spoken in America! Ask a librarian to help you find a book with words in two languages, including the one your family speaks at home. You and your child could learn a few words in the other language and use them in conversations.♥

Use your knowledge bank

Your youngster's brain holds a key to better reading comprehension—his "bank" of knowledge. Try these strategies that will help him use what he already knows to understand new information.

Before. Unlock your child's knowledge by doing a book preview together. Look at the pictures, and ask him what they make him think of. He might say a photo of a bull-dozer reminds him of a construction



site in your neighborhood. Then you could ask what other construction vehicles he thinks the book might mention.

During. Keep your youngster on the lookout for familiar and unfamiliar information while you read to him. He could write "I knew that!" to stick on a page that mentions a bulldozer scooping dirt and "Cool new fact!" to put on a page that explains what a forklift does.

After. Go back to the pages your child marked, and let him tell you what he learned. Did he find a new fact about

something that was familiar? He might say he discovered that some bulldozers have wheels instead of tracks.♥

Parent to Parent

Write a nonfiction book

My son Samuel loves nonfiction books. He especially seems to enjoy the diagrams and other graphics. One day, after we'd read a book about sea animals, I noticed him drawing and labeling a diagram of our house. I asked what he was doing, and he explained that he was writing his own nonfiction book about our pets.



Samuel's diagram showed our cat lounging in a sunny window and our cockatiel on her perch. Next, he wrote a page comparing cats and birds. It was adorable—he wrote that you can snuggle with a cat, but a bird can ride on your shoulder.

He stapled the pages together and drew a book cover. Next, Samuel is going to write a nonfiction book about soccer.♥

OUR PURPOSE

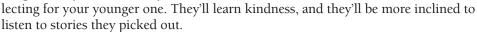
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Reading to siblings

My daughters, ages 4 and 6, have very different interests. Do you have any tips for picking books to read aloud that they'll both enjoy?

A Here's an idea: Ask each child to choose a library book she thinks the other would like. Your little one might pick a story about origami for her big sister, and your older daughter may choose a story about rock col-



Then, when you choose books, keep in mind that your older child may enjoy a story that's too young for her if it's on a favorite topic. And your little one will find it easier to pay attention to a harder book that matches her interests. Finally, broaden their interests by selecting books on topics unfamiliar to both children.





What doesn't belong?

Which word doesn't sound like the others—

button, bean, noodle, or bow? If your youngster said noodle, she's paying attention to beginning sounds (noodle is the only word that doesn't begin with the b sound). Play this game to help her practice hearing sounds in words.

Let your child fill a box with three objects having the same beginning sound (rattle, raisins, remote) and one that starts with a different sound (bottle).

Then, you pick the item that doesn't belong in the box (*bottle*). Or you might deliberately make a mistake (*rattle*). Can your youngster correct you? Now you refill the box, and have her figure out which of your objects doesn't belong.

Variations: Choose items that share an ending sound (like -en as in mitten) or vowel sound (perhaps short a as in cap).♥

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- **Past-tense verbs** ("I *went* to school." "We *walked* to the park.")



Is your child developing the top five skills for reading readiness?

When preschool teachers want to make sure children are on track for reading success, they typically assess these five critical skills:

- **1. Print awareness,** the understanding that the print on a page represents words that have meaning.
- **2. Letter knowledge,** the ability to recognize the letters of the alphabet and to know the names and sounds of each.
- **3. Phonemic awareness,** the ability to hear and identify the various sounds in spoken words.
- **4. Comprehension,** the ability to understand the meaning of words and to relate to them in some way.
- **5. Motivation to read,** a child's eagerness and willingness to read.

Use synonyms to strengthen vocabulary

Grow your child's vocabulary with synonyms (different words with the same meaning). Just let her hear you using them, but don't drill them into her.

Why? Because one of the best ways to teach your child new things is to be so playful or low-key that she doesn't realize you're "teaching" her at all.

To help your child's vocabulary flourish, use synonyms for these and other common words the next time you're chatting with her:

- **Instead of "big,"** say: huge, giant or massive.
- **Instead of "small,"** say: *mini, teeny* or *compact*.
- **Instead of "happy,"** say: cheerful, merry or glad.





I printed out a stack of ABC worksheets for my preschooler, but he's not interested in them. Should I force the issue?

No! At this age, learning to read should involve play, not work. So don't plan lessons for your child. Instead, let him explore and enjoy language. Where

to start? Flip those worksheets over so he can scribble and color letters on the back.

Sharpen thinking skills with easy-to-do activities

Solid cognitive skills can turn your child into a stronger reader and a better thinker. To hone those skills in a relaxed way:



- **Describe an object** that's in the refrigerator and have your child find it for you. For example, "It's round, red and has a stem."
- **Test your child's memory.** Before she goes to bed, ask her to recap what she did that day.

Books to delight your early reader

- Not Norman: A Goldfish Story by Kelly Bennett. A little boy wants a furry pet. The goldfish he gets, Norman, is not what he has in mind! So he sets out to trade Norman for what he thinks will be a better pet.
- Goldilocks and Just
 One Bear by Leigh
 Hodgkinson. When
 a bear is taking a
 walk, he gets lost.
 All of a sudden he is
 in the big city! See where the bear
 ends up when he finds just the right
 place to have a snack and take a nap.
- Art by Patrick McDonnell. Art loves art—drawing squiggles, zigzags and scribbles in all of his favorite colors!

Building Readers®

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March 2020

Dennis Yarmouth Title I Program



■ Boys of Steel: The Creators of Superman

(Marc Tyler Nobleman)

In 1934, high schoolers Jerry and Joe combined their writing and drawing skills to create the celebrated superhero Superman.
This comic-style book tells the true story of how the duo convinced publishers to take a chance on Superman and how the character became a household name.

■ Me, Frida, and the Secret of the Peacock Ring (Angela Cervantes)
Paloma doesn't realize that her love of mystery books is going to come in



handy during a visit to Mexico. Siblings Gael and Lizzie are supposed to tutor her in Spanish,

but instead they invite her on a search for the missing ring of famed Mexican artist Frida Kahlo.

■ Science Experiments You Can Eat (Vicki Cobb)

Young scientists will enjoy testing these edible experiments in the kitchen. Make rock candy to explore crystals, whip up salad dressing to see how liquids are suspended in oil, and more. Includes a glossary of science terms.

■ **Sled Dog School** (Terry Lynn Johnson)

To bring up his math grade,
Matt takes on

an extra-credit



project to start a business. The one thing he's really good at: training sled dogs. Follow along as Matt learns to handle customers and track his expenses while juggling his day-today school responsibilities. Keep reading aloud

When your youngster listens to you read, good things happen. He uses his imagination, adds words to his vocabulary, and boosts his comprehension.

Plus, even though he probably reads on his own now, reading aloud can help your child develop a love of books that will last a lifetime. Try these ideas.

Choose books together

Novels, short stories, and nonfiction books all make good read-alouds. Spark your youngster's interest in listening by having him help you decide what to read. Look at lists of award-winning books at your library or online. Or ask his teacher, a librarian, or a bookseller for recommendations.

Find time daily

Try to read to your child a little every day. When you're reading a long book, a few pages a day can help him remember what's happening. *Tip*: If he has reading to do for class, you might suggest that

he finish it first and then play outside or have a snack before he settles down to enjoy a read-aloud.

Include the family

Invite everyone to listen when you read to your youngster. Create a relaxed atmosphere by stopping to laugh at funny parts or asking for opinions about a character's decision. At the end of story time, build excitement for the next installment by letting each family member predict what will happen.

Be a fact finder

Use trivia as a fun way to get the whole family learning together. Gather almanacs, record books, or trivia books from the library, and do these activities:

- Let your youngster pose a fact-based challenge. ("Find a fact about outer space.") Everyone searches the books, and the first person to find a fact that fits reads it aloud. ("All planets rotate counterclockwise except Venus and Uranus.") Then, that family member asks for the next fact.
- Play a board game with a twist: To move, answer a question from another player based on a fact from a book. *Example*: "What was Thomas Edison's middle name?" (Alva) The first player to circle the board wins.



Organize before writing

Help your youngster set herself up for writing success! She can turn in better reports and essays by organizing ideas and information before she starts writing. Encourage her to use this three-step method.

1. **Get focused.** The first step is pinpointing the main idea of her paper. If your child's teacher assigns a report on the Underground Railroad, her main idea could be "The Underground Railroad associated to the balance of the Underground Railroad associated to the Underground Railroad ass

was a secret network that helped some enslaved people escape to freedom."



2. Choose subtopics. As your youngster does research, suggest that she write each fact on a separate index card.

Then, she can sort the cards into subtopics ("Leaders," "Routes," "Opposition"). She might label an envelope for each category and store the cards in the appropriate one.

3. Review notes. Before she writes her paper, she should read over the note cards in each

category. She can set aside any that don't support her main idea and rearrange those that belong with a different subtopic. Now, she's ready to write.



Your child can learn to describe a topic thoroughly by writing a list poem. It's just what it sounds like: a list of words and phrases that go together to make a poem.

First, have your youngster pick a person, place, or thing and write a title for his poem ("My Best Friend," "The Roller Skating Rink," "A Rainy Day").

Next, he can list words and phrases underneath. Encourage him to pick a variety of vivid vocabulary words, such as action words or words that describe colors and senses. Finally, he might wrap up his poem by repeating the title as the last line. Here's an example:

A Rainy Day

Drips, drops, sprinkles
Gray sky
Dark clouds
Lightning flashes
Thunder booms
Clouds burst open
A rainy day.



OUR PURPOSE

To provide busy parents with practical ways to promote their children's reading, writing, and language skills.

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Read a book, see a play

Last spring, I discovered a new way to share my love of theater—and reading—with my daughter Eva.

My neighbor gave our family tickets to her son's high school play. After the performance, Eva surprised me by asking to read the book the play was based on. We borrowed a copy from our neighbor, and by the end of the week, we had both finished reading it.

Now I keep an eye out for plays inspired by books, either at the high school or at our community theater. Sometimes we read the book first. Other times, we see the play first. Then we compare the two versions.

We recently saw Alice's Adventures in Wonderland, and next we have tickets for The Jungle Book. Eva has already finished reading both books!

Ready for testing

My son has standardized tests coming up. How can I help him prepare for the reading sections?

A Start by asking him what kinds of questions will be on the test. He can find out from his teacher or look at sample exams given out in class or posted online. Then, he can use homework assignments as practice.

If the exam will be timed, your child could time himself when he writes an English essay. Or he might use strategies for

reading-comprehension questions when he has history assignments.

For instance, suggest that he start by reading the questions in a handout or a textbook chapter—and then read the relevant passages. This will tell him what information to look for, and he'll be ready to try this technique on test day.

Note: Make sure your child gets a good night's sleep and a healthy breakfast before his test (and every day).



Recipes for Success

Practical Activities to Help Your Child Succeed

READING A nonfiction puzzle

Graphs, diagrams, charts ... this jigsaw puzzle will encourage your youngster to read all the features on the pages of textbooks and other nonfiction books.

Ingredients: scissors, construction paper, pencil, nonfiction books

Have your child cut paper into 10–12 puzzle pieces. On each, she could write the name for a nonfiction element (time line, caption, map, bold word).

Now your youngster can read nonfiction books. When she sees a feature from her puzzle pieces, she starts assembling the puzzle. Say her history textbook has a time line of events during the American Revolution. She would start her puzzle with the piece labeled "time line." Can she find all the elements and complete her puzzle?



Look around the room and name two items that don't seem similar. Examples: a jacket and a cup of tea, a guitar and a water bottle. Challenge your child to think of something they've got in common. She might say the jacket and tea could both warm

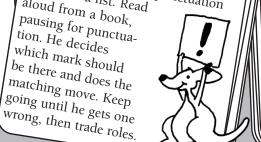
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you up, and the guitar and bottle each have a neck.

PUNCTUATION

matching move. Keep

Clap for commas, and jump for exclamation points! Encourage your youngster to choose a movement to represent each type of punctuation and make a list. Read aloud from a book, pausing for punctuation. He decides which mark should be there and does the



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SCIENCE Take a look

Does your child see the same thing with both eyes? He can do this experiment to

Ingredients: small toy, table

Place the toy on a table. Have your youngster stand a few feet away, make a circle with his index finger and thumb, and hold that circle in line with the toy. Tell him to close one eye at a time—without moving his head while looking at the toy through the circle. He'll find that one eye sees the toy, but the other eye doesn't.

Why? Each eye sees a slightly different image. When the brain combines the images, it uses one eye (called the dominant eye) to focus. Your child's dominant eye is the one that saw the toy through the circle.



the refrigerator and sneak in an activity when you have a few minutes. These fun activities will help develop school success and positive behavior. Check off each box as you complete the "recipe."

MATH Play with place value

Your child will need strategy and luck to win this place-value game where the person with the biggest number wins.

Ingredients: markers, masking tape, four jars per player, die, dry pasta noodles Have each player make a masking-tape label for each of her jars: "Thousands," "Hundreds," "Tens," and "Ones."

Take turns rolling a die and putting that many noodles into any of your empty jars. Hint: Put bigger digits in the thousands and hundreds jars for a better chance at winning.

When everyone has noodles in each jar, read your numbers aloud. If your youngster has 6 noodles in her thousands jar, 4 in hundreds, 2 in tens, and 5 in ones (6,425), she would say, "Six thousand, four hundred

twenty-five." Form the largest number to win.

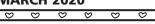


Recipes for Success

Practical Activities to Help Your Child Succeed

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MARCH 2020



Character Corner

SPELLING Tic-tac-review

Play this version of tic-tac-toe to help your youngster learn spelling words.

Ingredients: paper, pencils, spelling list or textbook glossary, dictionary

Have your child draw a tic-tac-toe grid. Call out a word from his list or glossary for him to write in any square. If he spells it correctly, he puts an X or O over it. If not, he erases the word, and it's your turn.

Now your youngster gives you a word from his list or the dictionary that he thinks will stump you. Write it in a square, and add an X or O if you spell it right. The first player with three correctly spelled words in a row (horizontal,

vertical, or diagonal) wins.

SOCIAL STUDIES

What makes your state special? Suggest that your child create a postcard showing why tourists should visit. She

might draw a crab if you live in Maryland, since the state is known for the blue crabs in its Chesapeake

Bay. Have her write a message and mail her postcard to a friend or relative in another state



a story about his

favorite part.

Keeping an audio journal is a fun way for your youngster to practice speaking. Using a tape recorder, cell phone, or computer, your child could log what he does daily. Idea: He could listen to his recording and write

Showing kindness is like filling someone's "bucket." Have your youngster write acts of kindness on strips of masking tape and stick them on a beach bucket. *Example*: Share an umbrella. After she does one, she can write a new idea to cover the old one.

☐ COURAGE

Help your child conquer his fears with this "map." Suggest that he write a fear ("Going to the dentist") in a circle in the middle of his

paper. He can draw more circles around it and fill them with positive thoughts ("Dr. Wilson tells funny jokes," "My teeth will stay healthy").

□ GRATITUDE

Encourage your youngster to collect small stones. On each one, she can use a marker to write something she's grateful for (cozy blankets, friends). Perhaps she'll use the stones in a table centerpiece or to decorate a flower bed.

SYMMETRY

An imaginary line of symmetry divides an object into halves that are mirror images of each other. Ask your child to trace around household objects (scissors, spatula) on

paper, cut out the shapes, and fold them in half. If the edges meet up exactly, she has discovered a line of symmetry—it's along the fold.

Congratulations!

We finished _____ activities together on this poster.

Signed (parent or adult family member)

Signed (child)

NUMBER SENSE

Build your child's number sense by having him compare quantities. You could ask if he has more wooden blocks or Legos or whether there are more forks or spoons in the dishwasher. He'll need to count the objects in each group or match them up one to one.

