

# NEW: Up to \$300 Wellness Reimbursement

 Effective July 1, 2024 

Get reimbursed for fees you pay toward wellness activities:

- ✓ Fitness facility monthly fees
- ✓ Virtual fitness class subscriptions
- ✓ Studios or facilities that offer monthly fees or tuition for dance, gymnastics, swimming or martial arts
- ✓ Cardiovascular and strength training equipment
- ✓ Athletic fees: seasonal town, club or school
- ✓ Select nutrition programs: Pilate, MyPlate Calorie Counter, Wondr, Noom, EatRight Now, Weight Watchers, Savory Living, My Fitness Pal, Lose!, EatLove, StrongerU, TheDinnerDaily
- ✓ Select mindfulness meditation programs: Calm, Ten percent happier, Headspace, The Mindfulness app, Meditation Studio, Insight Timer