

How to talk to your children about the Coronavirus

<https://kidshealth.org/en/parents/coronavirus-how-talk-child.html>

Talking to Children About COVID-19 (Coronavirus): A Parent Resource, *National Association of School Psychologists*

[https://www.nasponline.org/resources-and-publications/resources-and-podcasts/school-climate-safety-and-crisis/health-crisis-resources/talking-to-children-about-covid-19-\(coronavirus\)-a-parent-resource](https://www.nasponline.org/resources-and-publications/resources-and-podcasts/school-climate-safety-and-crisis/health-crisis-resources/talking-to-children-about-covid-19-(coronavirus)-a-parent-resource)

Parent/Caregiver Guide to Helping Families Cope with the Coronavirus Disease 2019 (COVID-19), *National Child Traumatic Stress Network*

https://www.nctsn.org/sites/default/files/resources/fact-sheet/outbreak_factsheet_1.pdf

The following link has been provided by Jeff Beane from MyTelemedicine to provide a valuable Self-assessment tool for the current Covid-19 virus based on CDC guidelines. Please share accordingly.

<https://portal.mytelemedicine.com/go/dashboard/covidSelfAssessment>