


WIXON NOVEMBER LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 WG PASTA, PLAIN OR WITH MARINARA MEAT SAUCE OR MEATBALLS CAESAR SALAD WW GARLIC ROLL FRESH FRUIT	2 HOT DOG ON A WW ROLL OR OVEN FRIED CHICKEN OVEN FRIES CARROTS FRESH FRUIT	3 SAL'S PIZZA CHEESE PIZZA SPINACH SALAD CHICK PEA SALAD FRESH FRUIT KALE CHIPS
6 WG POPCORN CHICKEN OR BACON CHEESEBURGER MASHED POTATOES STEAMED CORN TOSSED SALAD FRESH FRUIT	7 CRUNCHY BEEF TACOS OR CHICKEN PATTY RICE TOMATO SALSA BROCCOLI TOSSED SALAD	8 WG PASTA, PLAIN OR WITH MARINARA MEAT SAUCE OR STUFFED SHELLS CAESAR SALAD WW GARLIC ROLL FRESH FRUIT	9 SAL'S PIZZA CHEESE PIZZA SPINACH SALAD CHICK PEA SALAD FRESH FRUIT	10 NO SCHOOL VETERANS DAY
13 WG CHICKEN TENDERS OR MOZZARELLA STICKS MASHED POTATOES STEAMED CORN TOSSED SALAD FRESH FRUIT	14 TACO TRIANGLES OR CHICKEN PATTY OVEN FRIES GREEN BEANS TOSSED SALAD FRESH FRUIT	15 WG PASTA, PLAIN OR WITH MARINARA MEAT SAUCE OR CHICKEN & BROCCOLI CAESAR SALAD WW GARLIC ROLL	16 ROASTED TURKEY DINNER OR POPCORN CHICKEN MASHED POTATOES BUTTERED CORN BUTTERNUT SQUASH STUFFING, WW ROLLS CRANBERRY SAUCE APPLE DESSERT	17 SAL'S PIZZA CHEESE PIZZA KALE & SPINACH SALAD CHICK PEA SALAD FRESH FRUIT
20 WG CHICKEN NUGGETS OR BBQ RIB SANDWICH MASHED POTATOES STEAMED CORN TOSSED SALAD	21 SAL'S PIZZA OR CHICKEN PATTY SMILE FRIES GREEN BEANS TOSSED SALAD FRESH FRUIT	22 THANKSGIVING BREAK	23 HAPPY THANKSGIVING	24 THANKSGIVING BREAK
27 WG CHICKEN NUGGETS OR BUFFALO CHICKEN TENDERS MASHED POTATOES STEAMED CORN TOSSED SALAD CHICKEN NOODLE SOUP	28 TACO TRIANGLES OR HAM & CHEESE CROISSANT OVEN FRIES BROCCOLI TOSSED SALAD FRESH FRUIT	29 WG PASTA, PLAIN OR WITH MARINARA MEAT SAUCE OR LASAGNA CAESAR SALAD WW GARLIC ROLL FRESH FRUIT	30 OVEN FRIED CHICKEN OR CHEESEBURGERS ON A WW ROLL CAPE COD POTATO CHIPS BROCCOLI TOSSED SALAD	HARVEST OF THE MONTH KALE

AVAILABLE DAILY

ASSORTED SANDWICHES TURKEY & CHEESE HAM & CHEESE SUNBUTTER & JELLY SUNBUTTER & FLUFF	ASSORTED SALADS CHEF SALAD WITH HAM, CHEESE AND HARD BOILED EGG OR TOSSED SALAD WITH CHEESE STICK BOTH SERVED WITH WW PITA	LOW FAT YORURT, FRUIT AND GRANOLA PARFAITS FRUIT SMOOTHIES ALL LUNCHES SERVED WITH 8oz 1% OR SKIM MILKS
KETCHUP, SALSA, FAT FREE SALAD DRESSINGS	FRESH FRUIT OFFERED WITH ALL MEALS DAILY	8oz WATER BOTTLES SOLD FOR \$.50 EACH

FULL PRICED LUNCH \$3.00 FULL PRICED BREAKFAST \$1.75	REDUCED PRICED LUNCH \$.40 REDUCED PRICED BREAKFAST \$.30
BREAKFAST SERVED EVERY MORNING	

