

STATION AVE ELEMENTARY SEPTEMBER MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HARVEST OF THE MONTH TOMATOES	5	6 WG CHICKEN NUGGETS OR TOASTED CHEESE SANDWICH ON WW BREAD MASHED POTATOES STEAMED CORN TOSSED SALAD	7 HOT DOG OR HAMBURGER ON WW ROLLS OVEN FRIES CARROTS FRESH FRUIT	8 SAL'S PIZZA CHEESE PIZZA SPINACH SALAD CHICK PEA SALAD FRESH FRUIT
11 WG CHICKEN NUGGETS OR TOASTED CHEESE SANDWICH ON WW BREAD MASHED POTATOES STEAMED CORN TOSSED SALAD	12 TACO TRIANGLES OR CHICKEN PATTY WW ROLL RICE TOMATO SALSA BROCCOLI FRESH FRUIT	13 WG PASTA, PLAIN OR WITH MARINARA MEAT SAUCE OR MEATBALLS CAESAR SALAD WW GARLIC ROLL	14 HOT DOG OR HAMBURGER ON WW ROLLS TATER TOTS CARROTS TOMATO MOZZARELLA SALAD	15 SAL'S PIZZA CHEESE PIZZA SPINACH SALAD CHICK PEA SALAD FRESH FRUIT
18 WG CHICKEN NUGGETS OR TOASTED CHEESE SANDWICH ON WW BREAD MASHED POTATOES STEAMED CORN TOSSED SALAD FRESH FRUIT	19 FRIED CHICKEN OR CHICKEN PATTY ON A WW ROLL SMILE FRIES BROCCOLI TOMATO & CUKE SALAD TOSSED SALAD	20 WG PASTA, PLAIN OR WITH MARINARA MEAT SAUCE OR LASAGNA W/ TOMATO SAUCE CAESAR SALAD WW GARLIC ROLL	21 HOT DOG ON A WW ROLL OR MEATLOAF OVEN FRIES CARROTS WW ROLLS TOSSED SALAD FRESH FRUIT	22 SAL'S PIZZA CHEESE PIZZA SPINACH SALAD CHICK PEA SALAD FRESH FRUIT
25 WG CHICKEN NUGGETS OR TOASTED CHEESE SANDWICH ON WW BREAD TOMATO SOUP MASHED POTATOES STEAMED CORN TOSSED SALAD FRESH FRUIT	26 PIZZA QUESADILLA OR CHICKEN PATTY RICE WW ROLL GREEN BEANS FRESH FRUIT	27 WG PASTA, PLAIN OR WITH MARINARA MEAT SAUCE OR MAC & CHEESE CAESAR SALAD WW GARLIC ROLL FRESH FRUIT	28 HOT DOGS OR HAMBURGERS ON WW ROLLS OVEN FRIES CARROTS FRESH SLICED TOMATOES FRESH FRUIT	29 SAL'S PIZZA CHEESE PIZZA SPINACH SALAD CHICK PEA SALAD FRESH FRUIT
				HARVEST OF THE MONTH TOMATOES

AVAILABLE DAILY

ASSORTED SANDWICHES TURKEY & CHEESE HAM & CHEESE SUNBUTTER & JELLY SUNBUTTER & FLUFF	ASSORTED SALADS CHEF SALAD WITH HAM, CHEESE AND HARD BOILED EGG OR TOSSED SALAD WITH CHEESE STICK BOTH SERVED WITH WW PITA	LOW FAT YORURT, FRUIT AND GRANOLA PARFAITS FRUIT SMOOTHIES ALL LUNCHESES SERVED WITH 8oz 1% OR SKIM MILKS
KETCHUP, SALSA, FAT FREE SALAD DRESSINGS	FRESH FRUIT OFFERED WITH ALL MEALS DAILY	8oz WATER BOTTLES SOLD FOR \$.50 EACH

FULL PRICED LUNCH \$3.00 FULL PRICED BREAKFAST \$1.75	REDUCED PRICED LUNCH \$.40 REDUCED PRICED BREAKFAST \$.30
BREAKFAST SERVED EVERY MORNING	