

MATTACHEESE MIDDLE SCHOOL SEPTEMBER MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
HARVEST OF THE MONTH TOMATOES	5	6 WG CHICKEN NUGGETS OR BUFFALO CHICKEN PATTY ON A WW ROLL MASHED POTATOES STEAMED CORN TOSSED SALAD FRESH FRUIT	7 BACON CHEESEBURGERS OR CHICKEN PATTY ON A WW ROLL CRINKLE FRIES CARROTS TOSSED SALAD FRESH FRUIT	8 SAL'S PIZZA CHEESE PIZZA SPINACH SALAD CHICK PEA SALAD FRESH FRUIT	
	11 WG CHICKEN NUGGETS OR BUFFALO CHICKEN TENDERS MASHED POTATOES STEAMED CORN TOSSED SALAD FRESH FRUIT	12 TACO TRIANGLES OR MEATBALL SUBS ON A WW ROLL RICE BROCCOLI TOMATO SALSA TOSSED SALAD FRESH FRUIT	13 WG PASTA, PLAIN OR WITH MARINARA MEAT SAUCE OR LASAGNA W/ TOMATO SAUCE CAESAR SALAD WW GARLIC ROLL FRESH FRUIT	14 CHEESEBURGERS OR CHICKEN PARM SUB TATER TOTS CARROTS TOSSED SALAD FRESH FRUIT	15 SAL'S PIZZA CHEESE PIZZA SPINACH SALAD CHICK PEA SALAD FRESH FRUIT
	18 WG POPCORN CHICKEN OR BUFFALO CHICKEN PATTIES MASHED POTATOES STEAMED CORN TOSSED SALAD FRESH FRUIT	19 FRIED CHICKEN OR CHICKEN PATTIES TATER TOTS WW ROLL BROCCOLI TOMATO & CUKES SALAD FRESH FRUIT	20 WG PASTA, PLAIN OR WITH MARINARA MEAT SAUCE OR MAC & CHEESE CAESAR SALAD WW GARLIC ROLL FRESH FRUIT	21 BACON CHEESEBURGERS OR CHICKEN PATTY ON A WW ROLL CRINKLE FRIES CARROTS TOSSED SALAD FRESH SLICED TOMATOES FRESH FRUIT	22 SAL'S PIZZA CHEESE PIZZA SPINACH SALAD CHICK PEA SALAD FRESH FRUIT TOMATO MOZZARELLA SALAD
	25 WG CHICKEN NUGGETS OR TOASTED CHEESE SANDWICH ON A WW BREAD TOMATO SOUP TATER TOTS CORN TOSSED SALAD FRESH FRUIT	26 PIZZA QUESADILLAS OR B.L.T. SUBS OVEN FRIES BROCCOLI TOSSED SALAD FRESH FRUIT	27 WG PASTA, PLAIN OR WITH MARINARA MEAT SAUCE OR MEATBALLS CAESAR SALAD WW GARLIC ROLL FRESH FRUIT	28 CHEESEBURGERS OR MEATLOAF MASHED POTATOES CARROTS TOSSED SALAD FRESH FRUIT	29 SAL'S PIZZA CHEESE PIZZA SPINACH SALAD CHICK PEA SALAD FRESH FRUIT
					HARVEST OF THE MONTH TOMATOES

AVAILABLE DAILY

ASSORTED SANDWICHES TURKEY & CHEESE HAM & CHEESE CHICKEN CAESAR WRAP SUNBUTTER & JELLY SUNBUTTER & FLUFF OTHERS OFFERED DAILY	ASSORTED SALADS CHEF SALAD WITH HAM, CHEESE AND HARD BOILED EGG OR TOSSED SALAD WITH CHEESE STICK BOTH SERVED WITH WW PITA FRESH FRUIT OFFERED WITH ALL MEALS DAILY	LOW FAT YORURT, FRUIT AND GRANOLA PARFAITS FRUIT SMOOTHIES ALL LUNCHES SERVED WITH 8oz 1% OR SKIM MILKS 8oz WATER BOTTLES SOLD FOR \$.50 EACH
--	--	---

FULL PRICED LUNCH \$3.00 FULL PRICED BREAKFAST \$1.75	REDUCED PRICED LUNCH \$.40 REDUCED PRICED BREAKFAST \$.30
BREAKFAST SERVED EVERY MORNING	

