

MATTACHEESE MIDDLE SCHOOL MAY MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 WG CHICKEN NUGGETS OR BUFFALO CHICKEN TENDERS MASHED POTATOES STEAMED CORN APPLE SAUCE FRESH FRUIT	2 CRUNCHY BEEF TACOS OR HOT DOGS ON A WW ROLL SEASONED OVEN FRIES GREEN BEANS FRESH FRUIT	3 WG PASTA, PLAIN OR WITH MARINARA MEAT SAUCE OR CHEESE STUFFED SHELLS CAESAR SALAD WW GARLIC ROLL FRESH FRUIT	4 BACON CHEESEBURGERS OR FISH SANDWICH CRINKLE FRIES CARROTS TARTAR SAUCE APPLE SAUCE FRESH FRUIT	5 SAL'S PIZZA CHEESE PIZZA SPINACH SALAD CHICK PEA SALAD FRESH FRUIT
8 WG CHICKEN NUGGETS OR BUFFALO CHICKEN TENDERS MASHED POTATOES STEAMED CORN APPLE SAUCE TOSSED SALAD FRESH FRUIT	9 CHICKEN & CHEESE QUESADILLA OR CHICKEN PARM SUB RICE & BEANS CARROTS FRESH FRUIT	10 WG PASTA, PLAIN OR WITH MARINARA MEAT SAUCE OR MEATBALLS CAESAR SALAD WW GARLIC ROLL FRESH FRUIT	11 CHEESEBURGERS OR BUFFALO CHICKEN TENDERS TATER TOTS GREEN BEANS APPLE SAUCE FRESH FRUIT	12 SAL'S PIZZA CHEESE PIZZA SPINACH SALAD CHICK PEA SALAD FRESH FRUIT
15 WG POPCORN CHICKEN OR PIZZA CRUNCHERS MASHED POTATOES STEAMED CORN TOSSED SALAD FRESH FRUIT	16 GROUND BEEF BURRITOS OR OVEN FRIED CHICKEN TATER TOTS WW ROLL GREEN BEANS FRESH FRUIT	17 WG PASTA, PLAIN OR WITH MARINARA MEAT SAUCE OR MAC & CHEESE CAESAR SALAD WW GARLIC ROLL FRESH FRUIT	18 OVEN FRIED CHICKEN OR MEATLOAF W/ GRAVY MASHED POTATOES CARROTS WW ROLL TOSSED SALAD	19 SAL'S PIZZA CHEESE PIZZA SPINACH SALAD CHICK PEA SALAD FRESH FRUIT
22 OVEN FRIED CHICKEN OR CHEESEBURGERS ON A WW ROLL OVEN FRIES CORN TOSSED SLAD FRESH FRUIT	23 FISH & CHIPS OR CHICKEN PATTY COLE SLAW TOSSED SALAD FRESH FRUIT	24 WG PASTA, PLAIN OR WITH MARINARA MEAT SAUCE OR LASAGNA CAESAR SALAD WW GARLIC ROLL FRESH FRUIT	25 ROAST TURKEY W/ GRAVY OR BUFFALO CHICKEN PATTY ON A WW ROLL MASHED POTATOES CARROTS CRANBERRY SAUCE WARM APPLE DESSERT	26 SAL'S PIZZA CHEESE PIZZA SPINACH SALAD CHICK PEA SALAD FRESH FRUIT
29 NO SCHOOL MEMORIAL DAY	30 ITALIAN FISH SANDWICH ON A BULKIE ROLL OR CHICKEN PARM SUB OVEN FRIES COLE SLAW TOSSED SALAD FRESH FRUIT	31 WG PASTA, PLAIN OR WITH MARINARA MEAT SAUCE OR CHICKEN & BROCCOLI CAESAR SALAD WW GARLIC ROLL FRESH FRUIT		HARVEST OF THE MONTH SEAFOOD

AVAILABLE DAILY

ASSORTED SANDWICHES TURKEY & CHEESE HAM & CHEESE CHICKEN CAESAR WRAP SUNBUTTER & JELLY SUNBUTTER & FLUFF OTHERS OFFERED DAILY	ASSORTED SALADS CHEF SALAD WITH HAM, CHEESE AND HARD BOILED EGG OR TOSSED SALAD WITH CHEESE STICK BOTH SERVED WITH WW PITA	LOW FAT YORURT, FRUIT AND GRANOLA PARFAITS FRUIT SMOOTHIES ALL LUNCHES SERVED WITH 8oz 1% OR SKIM MILKS
KETCHUP, SALSA, FAT FREE SALAD DRESSINGS	FRESH FRUIT OFFERED WITH ALL MEALS DAILY	8oz WATER BOTTLES SOLD FOR \$.50 EACH

FULL PRICED LUNCH \$2.75 FULL PRICED BREAKFAST \$1.50	REDUCED PRICED LUNCH \$.40 REDUCED PRICED BREAKFAST \$.30
BREAKFAST SERVED EVERY MORNING	

