



# MATTACHEESE MIDDLE SCHOOL MARCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>HARVEST OF THE MONTH DAIRY</b> 			1 CHEESEBURGERS OR CHICKEN PATTIES ON A WW ROLL OVEN FRIES PEAS & CARROTS TOSSED SALAD	2 SAL'S PIZZA CHEESE PIZZA SPINACH SALAD CHICK PEA SALAD FRESH FRUIT <b>FRUIT &amp; YOGURT PARFAITS</b>
5 WG CHICKEN NUGGETS OR BUFFALO TENDERS MASHED POTATOES BROCCOLI TOSSED SALAD FRESH FRUIT	6 HALF DAY NO LUNCH SERVED	7 WG PASTA, PLAIN OR WITH MARINARA MEAT SAUCE OR <b>MAC &amp; CHEESE</b> CAESAR SALAD WW GARLIC ROLL FRESH FRUIT	8 HALF DAY NO LUNCH SERVED	9 SAL'S PIZZA CHEESE PIZZA SPINACH SALAD CHICK PEA SALAD FRESH FRUIT <b>FRUIT &amp; YOGURT SMOOTHIES</b>
12 BACON <b>CHEESE</b> BURGERS OR GRILLED <b>CHEESE</b> SANDWICH TOMATO SOUP TATER TOTS GREEN BEANS FRESH FRUIT	13 CHILI DOGS OR FRIED CHICKEN MASHED POTATOES CORN BREAD COLE SLAW SALAD	14 WG PASTA, PLAIN OR WITH MARINARA MEAT SAUCE OR MEATBALLS CAESAR SALAD WW GARLIC ROLL FRESH FRUIT	15 STUFFED BAKED POTATOES W/ BROCCOLI, <b>CHEESE</b> , AND BACON OR TACO TRIANGLES RICE BROCCOLI FRESH FRUIT	16 SAL'S PIZZA CHEESE PIZZA SPINACH SALAD CHICK PEA SALAD FRESH FRUIT <b>ST PATRICK'S DAY TREAT</b>
19 CHICKEN NUGGETS OR BACON EGG & <b>CHEESE</b> CROISSANT SPICY FRIES CORN FRESH FRUIT	20 ROASTED CHICKEN OR BBQ RIB SANDWICH PASTA SALAD CORN ON THE COB WW BISCUITS TOSSED SALAD	21 WG PASTA, PLAIN OR WITH MARINARA MEAT SAUCE OR <b>CHEESE</b> STUFFED SHELLS CAESAR SALAD WW GARLIC ROLL FRESH FRUIT	22 TURKEY DINNER OR CHICKEN PATTY MASHED POTATOES GREEN BEANS WW ROLL CRANBERRY SAUCE	23 SAL'S PIZZA CHEESE PIZZA SPINACH SALAD CHICK PEA SALAD FRESH FRUIT <b>FROZEN YOGURT DESSERT</b>
26 POPCORN CHICKEN OR BUFFALO CHICKEN PATTY MASHED POTATOES CORN FRESH FRUIT	27 PIZZA QUESADILLA OR FISH STICKS SUN CHIPS BABY CARROTS COLE SLAW FRESH FRUIT	28 WG PASTA, PLAIN OR WITH MARINARA MEAT SAUCE OR LASAGNA CAESAR SALAD WW GARLIC ROLL FRESH FRUIT	29 SAL'S PIZZA CHEESE PIZZA SPINACH SALAD CHICK PEA SALAD FRESH FRUIT <b>FRESH MOZZARELLA CHEESE</b> TOMATO & BASIL SALAD	30 GOOD FRIDAY NO SCHOOL

## AVAILABLE DAILY

<b>ASSORTED SANDWICHES</b> TURKEY & CHEESE HAM & CHEESE CHICKEN CAESAR WRAP SUNBUTTER & JELLY SUNBUTTER & FLUFF OTHERS OFFERED DAILY	<b>ASSORTED SALADS</b> CHEF SALAD WITH HAM, CHEESE AND HARD BOILED EGG OR TOSSED SALAD WITH CHEESE STICK BOTH SERVED WITH WW PITA	LOW FAT YOGURT, FRUIT AND GRANOLA PARFAITS FRUIT SMOOTHIES ALL LUNCHES SERVED WITH 8oz 1% OR SKIM MILKS
KETCHUP, SALSA, FAT FREE SALAD DRESSINGS	FRESH FRUIT OFFERED WITH ALL MEALS DAILY	8oz WATER BOTTLES SOLD FOR \$.50 EACH

FULL PRICED LUNCH \$3.00 FULL PRICED BREAKFAST \$1.75	REDUCED PRICED LUNCH \$.40 REDUCED PRICED BREAKFAST \$.30
<b>BREAKFAST SERVED EVERY MORNING</b>	

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