

# M. E. SMALL ELEMENTARY MAY MENU

<b>CHICKEN MONDAY</b>	<b>TACO TUESDAY</b>	<b>PASTA WEDNESDAY</b>	<b>HOT DIGGITY THURSDAY</b>	<b>PIZZA FRIDAY</b>
1 WG CHICKEN NUGGETS OR TOASTED CHEESE SANDWICH ON WW BREAD MASHED POTATOES STEAMED CORN APPLE SAUCE FRESH FRUIT	2 GROUND BEEF OR CHICKEN TACO OR CHICKEN PATTY ON A WW ROLL BROWN RICE & BEANS GREEN BEANS TOSSED SALAD FRESH FRUIT	3 WG PASTA, PLAIN OR WITH MARINARA MEAT SAUCE OR CHEESE STUFFED SHELLS CAESAR SALAD WW GARLIC ROLL FRESH FRUIT	4 HOT DOGS OR HAMBURGERS ON A WW ROLL OVEN FRIES CARROTS TOSSED SALAD PICKLE SPEARS FRESH FRUIT	5 SAL'S PIZZA CHEESE PIZZA SPINACH SALAD CHICK PEA SALAD FRESH FRUIT
8 WG CHICKEN NUGGETS OR TOASTED CHEESE SANDWICH ON WW BREAD MASHED POTATOES STEAMED CORN APPLE SAUCE	9 TACO TRIANGLES OR CHICKEN PATTY ON A WW ROLL BROWN RICE & BEANS GREEN BEANS TOSSED SALAD FRESH FRUIT	10 WG PASTA, PLAIN OR WITH MARINARA MEAT SAUCE OR MEATBALLS CAESAR SALAD WW GARLIC ROLL FRESH FRUIT	11 <b>FUN FISH</b> OR HAMBURGERS ON A WW ROLL TATER TOTS STEAMED CORN TOSSED SALAD APPLE SAUCE	12 SAL'S PIZZA CHEESE PIZZA SPINACH SALAD CHICK PEA SALAD FRESH FRUIT
15 WG CHICKEN NUGGETS OR HOT DOG ON WW ROLL MASHED POTATOES STEAMED CORN APPLE SAUCE FRESH FRUIT	16 <b>FISH STICKS</b> OR CHICKEN PATTY ON A WW ROLL TATER TOTS BROCCOLI WW ROLL TOSSED SALAD	17 WG PASTA, PLAIN OR WITH MARINARA MEAT SAUCE OR CHEESE LASAGNA CAESAR SALAD WW GARLIC ROLL FRESH FRUIT	18 OVEN FRIED CHICKEN OR MEATLOAF MASHED POTATOES PEAS & CARROTS WW ROLLS TOSSED SALAD FRESH FRUIT	19 SAL'S PIZZA CHEESE PIZZA SPINACH SALAD CHICK PEA SALAD FRESH FRUIT
22 WG CHICKEN NUGGETS OR HOT DOG ON WW ROLL MASHED POTATOES STEAMED CORN APPLE SAUCE FRESH FRUIT	23 TACO TRIANGLES OR CHICKEN PATTY ON WW ROLL BROWN RICE & BEANS GREEN BEANS TOSSED SALAD FRESH FRUIT	24 WG PASTA, PLAIN OR WITH MARINARA MEAT SAUCE OR MAC & CHEESE CAESAR SALAD WW GARLIC ROLL FRESH FRUIT	25 <b>KRABBY PATTIES</b> OR ROAST TURKEY W/ GRAVY MASHED POTATOES CARROTS WW ROLLS CRANBERRY SAUCE WARM APPLE DESSERT	26 SAL'S PIZZA CHEESE PIZZA SPINACH SALAD CHICK PEA SALAD FRESH FRUIT
29  NO SCHOOL  MEMORIAL DAY	30 OVEN FRIED CHICKEN OR GROUND BEEF TACO BROWN RICE & BEANS BROCCOLI WW ROLL TOSSED SALAD	31 WG PASTA, PLAIN OR WITH MARINARA MEAT SAUCE OR STUFFED SHELLS CAESAR SALAD WW GARLIC ROLL FRESH FRUIT	<b>HARVEST OF THE MONTH</b>  <b>SEAFOOD</b>	

## AVAILABLE DAILY

<b>ASSORTED SANDWICHES</b> TURKEY & CHEESE HAM & CHEESE SUNBUTTER & JELLY SUNBUTTER & FLUFF	<b>ASSORTED SALADS</b> CHEF SALAD WITH HAM, CHEESE AND HARD BOILED EGG OR TOSSED SALAD WITH CHEESE STICK BOTH SERVED WITH WW PITA	LOW FAT YORURT, FRUIT AND GRANOLA PARFAITS  FRUIT SMOOTHIES  ALL LUNCHES SERVED WITH 8oz 1% OR SKIM MILKS
KETCHUP, SALSA, FAT FREE SALAD DRESSINGS	FRESH FRUIT OFFERED WITH ALL MEALS DAILY	8oz WATER BOTTLES SOLD FOR \$.50 EACH

FULL PRICED LUNCH \$2.75 FULL PRICED BREAKFAST \$1.50	REDUCED PRICED LUNCH \$.40 REDUCED PRICED BREAKFAST \$.30
<b>BREAKFAST SERVED EVERY MORNING</b>	

