



M. E. SMALL ELEMENTARY MARCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HARVEST OF THE MONTH DAIRY 			1 CHEESEBURGERS OR HOT DOG ON A WW ROLL OVEN FRIES CARROTS FRESH FRUIT	2 SAL'S PIZZA CHEESE PIZZA SPINACH SALAD CHICK PEA SALAD FRESH FRUIT FRUIT & YOGURT PARFAITS
5 WG CHICKEN NUGGETS OR HOT DOGS MASHED POTATOES STEAMED CORN FRESH FRUIT	6 HALF DAY NO LUNCH SERVED	7 WG PASTA, PLAIN OR WITH MARINARA MEAT SAUCE OR MAC & CHEESE CAESAR SALAD WW GARLIC ROLL FRESH FRUIT	8 HALF DAY NO LUNCH SERVED	9 SAL'S PIZZA CHEESE PIZZA SPINACH SALAD CHICK PEA SALAD FRESH FRUIT FRESH FRUIT & YOGURT SMOOTHIES
12 CHICKEN NUGGETS OR GRILLED CHEESE SANDWICH CHICKEN NOODLE SOUP MASHED POTATOES PEAS & CARROTS FRESH FRUIT	13 FRIED CHICKEN OR TACO TRIANGLES TATER TOTS CORN BREAD COLE SLAW BROCCOLI SALAD	14 WG PASTA, PLAIN OR WITH MARINARA MEAT SAUCE OR MEATBALLS CAESAR SALAD WW GARLIC ROLL FRESH FRUIT	15 CHEESEBURGERS OR HOT DOG ON A WW ROLL OVEN FRIES CARROTS FRESH FRUIT ANIMAL CRACKERS	16 SAL'S PIZZA CHEESE PIZZA SPINACH SALAD CHICK PEA SALAD FRESH FRUIT ST PATRICK'S DAY TREAT
19 CHICKEN NUGGETS OR BACON EGG & CHEESE CROISSANT TATER TOTS BROCCOLI FRESH FRUIT	20 PIZZA QUESADILLA OR FISH STICKS SUN CHIPS BABY CARROTS TOSSED SALAD FRESH FRUIT	21 WG PASTA, PLAIN OR WITH MARINARA MEAT SAUCE OR CHEESE STUFFED SHELLS CAESAR SALAD WW GARLIC ROLL FRESH FRUIT	22 ROASTED CHICKEN OR HAMBURGERS PASTA SALAD CORN ON THE COB WW BISCUITS PICKLES	23 SAL'S PIZZA CHEESE PIZZA SPINACH SALAD CHICK PEA SALAD FRESH FRUIT FROZEN YOGURT DESSERT
26 WG CHICKEN TENDERS OR GRILLED CHEESE SANDWICH MASHED POTATOES STEAMED CORN FRESH FRUIT	27 CHEESEBURGERS OR HOT DOG ON A WW ROLL OVEN FRIES CARROTS FRESH FRUIT	28 WG PASTA, PLAIN OR WITH MARINARA MEAT SAUCE OR LASAGNA CAESAR SALAD WW GARLIC ROLL FRESH FRUIT	29 SAL'S PIZZA CHEESE PIZZA SPINACH SALAD CHICK PEA SALAD FRESH FRUIT FRESH MOZZARELLA CHEESE TOMATO & BASIL SALAD	30 GOOD FRIDAY NO SCHOOL

AVAILABLE DAILY

ASSORTED SANDWICHES TURKEY & CHEESE HAM & CHEESE SUNBUTTER & JELLY SUNBUTTER & FLUFF	ASSORTED SALADS CHEF SALAD WITH HAM, CHEESE AND HARD BOILED EGG OR TOSSED SALAD WITH CHEESE STICK BOTH SERVED WITH WW PITA	LOW FAT YORURT, FRUIT AND GRANOLA PARFAITS FRUIT SMOOTHIES ALL LUNCHES SERVED WITH 8oz 1% OR SKIM MILKS
KETCHUP, SALSA, FAT FREE SALAD DRESSINGS	FRESH FRUIT OFFERED WITH ALL MEALS DAILY	8oz WATER BOTTLES SOLD FOR \$.50 EACH

FULL PRICED LUNCH \$3.00 FULL PRICED BREAKFAST \$1.75	REDUCED PRICED LUNCH \$.40 REDUCED PRICED BREAKFAST \$.30
BREAKFAST SERVED EVERY MORNING	