

DY HIGH SCHOOL OCTOBER MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 CHICKEN TENDERS OR BUFFALO CHICKEN PATTY MASHED POTATOES WW ROLL CORN FRESH FRUIT	3 TACO TRIANGLES OR CHICKEN PARM SUBS RICE BROCCOLI TOSSED SALAD FRESH FRUIT	4 WG PASTA, PLAIN OR WITH MARINARA MEAT SAUCE OR STUFFED SHELLS CAESAR SALAD WW GARLIC ROLL FRESH FRUIT	5 PAPA GINO'S CHEESE PIZZA WITH A SPINACH SALAD BLACK & WHITE BEAN SALAD FRESH FRUIT	6 NO SCHOOL TEACHER PROFESSIONAL DAY
9 NO SCHOOL COLUMBUS DAY	10 TACO TRIANGLES OR ORANGE CHICKEN RICE BROCCOLI TOSSED SALAD FRESH FRUIT	11 WG PASTA, PLAIN OR WITH MARINARA MEAT SAUCE OR MEATBALLS CAESAR SALAD WW GARLIC ROLL FRESH FRUIT	12 PULLED PORK OR BACON CHEESEBURGERS OVEN FRIES CARROTS TOSSED SALAD FRESH FRUIT	13 PAPA GINO'S CHEESE PIZZA WITH A SPINACH SALAD BLACK & WHITE BEAN SALAD, FRESH FRUIT PEAR & APPLE CINNAMON BREAD
16 POPCORN CHICKEN OR BUFFALO CHICKEN PATTY MASHED POTATOES WW ROLL CORN FRESH FRUIT	17 FRIED CHICKEN OR BACON, EGG & CHEESE CROISSANT ON A WW ROLL OVEN FRIES BROCCOLI TOSSED SALAD	18 WG PASTA, PLAIN OR WITH MARINARA MEAT SAUCE OR TORTELLINI ALFREDO CAESAR SALAD WW GARLIC ROLL FRESH FRUIT PEAR YOGURT & GRANOLA PARFAITS	19 CHICKEN PATTY OR MEATLOAF W/ GRAVY MASHED POTATOES CARROTS WW ROLL TOSSED SALAD FRESH FRUIT	20 PAPA GINO'S CHEESE PIZZA WITH A SPINACH SALAD BLACK & WHITE BEAN SALAD FRESH FRUIT
23 CHICKEN NUGGETS OR BUFFALO CHICKEN TENDERS MASHED POTATOES WW ROLLS CORN TOSSED SALAD	24 PIZZA QUESADILLAS OR CHICKEN TENDERS TATER TOTS TOSSED SALAD ROASTED PEARS & PARSNIPS	25 HALF DAY NO LUNCH SERVED	26 HALF DAY NO LUNCH SERVED	27 PAPA GINO'S CHEESE PIZZA WITH A BLACK & WHITE BEAN SALAD FRESH FRUIT PEAR & MANDERINE ORANGE SPINACH SALAD
30 POPCORN CHICKEN OR BUFFALO CHICKEN PATTY MASHED POTATOES WW ROLL CORN FRESH FRUIT	31 ROAST BEEF SUBS OR MONTE CRISTOS CHIPS, SALAD FRESH FRUIT CINNAMON PEARS & GRANOLA			HARVEST OF THE MONTH PEARS

AVAILABLE DAILY

ASSORTED SANDWICHES 8 VARIETIES OF SANDWICHES 12 VARIETIES OF WRAPS 2 HOME MADE SOUPS PREPARED DAILY	ASSORTED GRAB & GO GOURMET SALADS CHEF, CHICKEN CAESAR, SPINACH, BUFFALO CHICKEN, GREEK, COBB, ANTIPASTO, BBQ CHICKEN, TOSSED W/ TUNA, TOSSED VEGETARIAN	LOW FAT YORURT, FRUIT AND GRANOLA PARFAITS 100% FRUIT JUICE SLUSHIES \$1.50 A LA CARTE SNACKS SOLD DAILY FOR \$.75 CENTS
SALAD & TACO BAR MORE THAN 40 ITEMS AVAILABLE DAILY TO CREATE YOUR OWN SALAD OR TACO	FRESH FRUIT OFFERED DAILY WITH ALL MEALS ALL LUNCHESES SERVED WITH 8oz 1% OR SKIM MILK	EXTRA SLICE OF PIZZA AVAILABLE ON FRIDAYS FOR \$1.50 WHOLE PIZZAS FOR \$10.00 EACH

IN ADDITION TO THE LISTED HOT ENTREES A VARIETY OF SPECIALS ARE OFFERED DAILY

FULL PRICED LUNCH \$3.00 FULL PRICED BREAKFAST \$1.75	REDUCED PRICED LUNCH \$.40 REDUCED PRICED BREAKFAST \$.30
BREAKFAST SERVED EVERY MORNING	

