



Course Syllabus and Classroom Procedures
Dennis Yarmouth High School
8th Grade
Health/Physical Education

8th Grade Teachers

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Course Description:

Health education is based on the National and Massachusetts Health standards. Students will be exploring 4 units this year: Violence Prevention, Nutrition/Body Image, Sexually Transmitted Diseases, and Human Sexuality. Students will be expected to discuss topics relative to their age, create presentations, read, and write throughout the year. Physical Education class is based on the SHAPE America standards. Students will use skills learned in previous years and apply them to various activities and games.

General Rules:

- Be on time and prepared
- Respect your peers
- Be respectful during instructional time by listening and participating in the discussion
- Be responsible for yourself

Preparation for Class:

Students are required to have a folder that stays in class and have their I-pad charged.

Expectations for class:

- BE ON YOUR BEST BEHAVIOR AT **ALL** TIMES
- ASK QUESTIONS. (YOU COULD BE ASKING WHAT SOMEONE IS AFRAID TO ASK)
- DON'T BE AFRAID TO MAKE MISTAKES (EVERYONE FAILS AT SOME POINT - THROUGH OUR MISTAKES WE FIND THE ANSWERS)
- RESPECT YOUR PEERS OPINIONS
- LISTEN WHILE OTHERS ARE TALKING
- COMPLETE ALL ASSIGNMENTS
- HAVE A POSITIVE ATTITUDE

Consequences: We follow school procedures for progressive discipline as outlined in the Mattacheese Middle School Student Handbook.

Extra Help Days:

A 24 hour notice that a student needs to stay after is required.

GRADING POLICIES:

The trimester grade is determined by the total points earned in each of the following areas and the number of points corresponds with a letter grade (outlined in the student handbook). The areas of evaluation are as follows:

1. **Class work** – students must complete the written class work and turn it in for a grade. If a student can not finish it in class then they will have to take it home and turn it in the next day.

(15%)

2. **Test and Quizzes** – students need to complete all test and quizzes presented to them. If a student does not do well on them they can talk with me and set up a retake. **(25%)**

3. **Final Exam**- the students will take a final exam on the topics covered in Health class. **(10%)**

4. **Physical Education** - Students are graded on their Attitude and Participation during physical education class. Students must bring clothes to change into so they can participate in Physical Education class. **(50%)**

Grades are averaged between the Classroom grade, and Physical Education class.

Missed Work:

It is **the student's** responsibility to obtain assignments, notes and any other pertinent information that is missed during an absence. *Please* make every effort to stay after school during the teacher's extra help day to complete missing work.

Missed work due to an absence: Additional time (up to five school days) and full credit will be allowed for each day of a verifiable and excused absence. Exceptions will be made in unique, deserving situations as determined by the teacher and/or administrator.

Report Cards:

Students will receive three report cards during the year. Performance reports will be given out once every trimester. Academic grades will be assigned based on points earned during the grading period. In addition, students will receive an effort and conduct assessment for each class. Students can access their grade via the student portal.

