**DY HIGH SCHOOL MAY MENU**

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| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| **1**  **CHICKEN TENDERS**  **OR**  **MOZZARELLA STICKS**  **MASHED POTATOES**  **STEAMED CORN**  **WW ROLL**  **TOSSED SALAD** | **2**  **CHICKEN PATTY**  **OR**  **MOZZARELLA STICKS**  **BAKED CHIPS**  **BROCCOLI**  **TOSSED SALAD** | **3**  **WG PASTA W/ MEATBALLS**  **OR**  **LASAGNA**  **CAESAR SALAD**  **WW GARLIC ROLL** | **4**  **CHEESEBURGERS**  **OR**  **TACO TRIANGLES**  **OVEN FRIES**  **CARROTS**  **TOSSED SALAD** | **5**  **SAL’S PIZZA**  **CHEESE PIZZA**  **SPINACH SALAD**  **CHICK PEA SALAD**  **BAKED CHIPS**  **FRESH FRUIT** |
| **8**  **CHICKEN TENDERS**  **OR**  **GRILLED CHEESE SANDWICH**  **W/ TOMATO SOUP**  **MASHED POTATOES**  **STEAMED CORN**  **WW ROLL**  **TOSSED SALAD** | **9**  **CHICKEN PATTY**  **OR**  **FRIED CHICKEN DRUMSTICKS**  **TATER TOTS**  **BROCCOLI**  **TOSSED SALAD** | **10**  **WG PASTA, PLAIN OR WITH MARINARA MEAT SAUCE**  **OR**  **MAC & CHEESE**  **CAESAR SALAD**  **WW GARLIC ROLL** | **11**  **CHEESEBURGERS**  **OR**  **PIZZA CRUNCHERS**  **OVEN FRIES**  **CARROTS**  **TOSSED SALAD** | **12**  **SAL’S PIZZA**  **CHEESE PIZZA**  **SPINACH SALAD**  **CHICK PEA SALAD**  **BAKED CHIPS**  **FRESH FRUIT** |
| **15**  **CHICKEN TENDERS**  **OR**  **MOZZARELLA STICKS**  **MASHED POTATOES**  **STEAMED CORN**  **WW ROLL**  **TOSSED SALAD** | **16**  **TACO TRIANGLES**  **OR**  **ORANGE CHICKEN**  **RICE**  **BROCCOLI**  **TOSSED SALAD** | **17**  **WG PASTA W/ MEATBALLS**  **OR**  **CHICKEN BROCCOLI ALFRIEDO**  **CAESAR SALAD**  **WW GARLIC ROLL** | **18**  **CHILI DOGS**  **OR**  **PIZZA CRUNCHERS**  **TATER TOTS**  **CARROTS**  **TOSSED SALAD** | **19**  **SAL’S PIZZA**  **CHEESE PIZZA**  **SPINACH SALAD**  **CHICK PEA SALAD**  **BAKED CHIPS**  **FRESH FRUIT** |
| **22**  **CHICKEN NUGGETS**  **OR**  **BUFFALO CHICKEN PATTY**  **MASHED POTATOES**  **STEAMED CORN**  **WW ROLL**  **TOSSED SALAD** | **23**  **MEATBALL SUBS**  **OR**  **CHEESEBURGERS**  **TATER TOTS**  **BROCCOLI**  **TOSSED SALAD** | **24**  **WG PASTA, PLAIN OR WITH MARINARA MEAT SAUCE**  **OR**  **BAKED ZITI W/ SAUSAGE**  **CAESAR SALAD**  **WW GARLIC ROLL** | **25**  **EGGPLANT PARMESAN**  **OR**  **CHICKEN PATTY**  **OVEN FRIES**  **CARROTS**  **TOSSED SALAD** | **26**  **SAL’S PIZZA**  **CHEESE PIZZA**  **SPINACH SALAD**  **CHICK PEA SALAD**  **BAKED CHIPS**  **FRESH FRUIT** |
| **29**  **NO SCHOOL**  **MEMORIAL DAY** | **30**  **TACO TRIANGLES**  **OR**  **ROASTED CHICKEN**  **RICE**  **BROCCOLI**  **TOSSED SALAD** | **31**  **WG PASTA W/ MEATBALLS**  **OR**  **AMERICAN CHOP SUEY**  **CAESAR SALAD**  **WW GARLIC ROLL** | **JUNE 1**  **CHEESEBURGERS**  **OR**  **QUESADILLA**  **OVEN FRIES**  **CARROTS**  **TOSSED SALAD** | https://tse1.mm.bing.net/th?id=OIP.501pthJ28ySjYz7esEO_twEiEs&pid=Api |

AVAILABLE DAILY

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| **ASSORTED SANDWICHES**  8+ VARIETIES OF SANDWICHES  12 VARIETIES OF WRAPS  **2 HOMEMADE SOUPS**  **PREPARED DAILY** | **ASSORTED GRAB & GO**  **GOURMET SALADS**  CHEF, CHICKEN CAESAR, GREEK, COBB, TOSSED W/ TUNA , BUFFALO CHICKEN, SPINACH, BBQ CHICKEN, ANTIPASTO,  GARDEN VEGETARIAN | LOW FAT YOGURT, FRUIT AND  GRANOLA PARFAITS  ALL LUNCHES SERVED WITH 8oz  1% OR SKIM MILK |
| KETCHUP, SALSA,  FAT FREE SALAD DRESSINGS | FRESH FRUIT OFFERED WITH ALL MEALS DAILY | EXTRA SLICE OF PIZZA AVAILABLE ON FRIDAYS FOR $1.50  WHOLE PIZZA AVAILABLE $10.00 |

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| ***BREAKFAST AND LUNCH WILL BE FREE TO ALL STUDENTS FOR SCHOOL YEAR 2022/2023*** | *A LA CARTE SNACKS FOR SALE*  *RANGE IN PRICE FROM $.75--$1.50* |
| BREAKFAST SERVED EVERY MORNING | |

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER